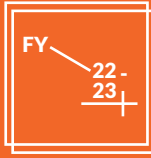


**ANNUAL
REPORT**



BCS CARES

**STRENGTHENING
COMMUNITIES**

CHAIRMAN'S MESSAGE



“
I feel the *capacity*
to **CARE**
is the thing which
gives life its
deepest
significance.

- Pablo Casals -

2022 was the year Singapore put the pandemic behind her and move forward amidst multiple turbulent global events. Likewise, for Bethesda Care Services, it was a time where we needed to press on in continuing to provide care for the community.

In this post-pandemic season, our focus is 3-fold:

1. Innovate and improve our core services to maintain relevance and effectiveness
2. Rebuild and strengthen the vulnerable as they come out from the pandemic
3. Seek out collaborations with new partners who can value-add to our care for the community

INNOVATE AND IMPROVE OUR CORE SERVICES

In light of the growing concerns surrounding the mental health and emotional well-being of youths in Singapore, BCS formed a new youth department dedicated to reaching out to youths from all communities in the East. The department runs a youth drop-in centre and works with schools, student groups as well as various partners such as Sports SG, Singapore Association of Mental Health (SAMH) and residential homes to conduct programs and events for the youths.

Another significant change for BCS was the onboarding of MET 2.0, a new model of operation for our

Medical Escort and Transport (MET) service under our Elderly department. This new framework was provided by Agency for Integrated Care (AIC) to upgrade Singapore's Community Care sector and keep up with rising operation costs. To help ease seniors into the new program, BCS provided subsidies with our own charity dollar to help seniors who struggle with the new pricing.

REBUILD AND STRENGTHEN THE VULNERABLE

With the aim of nurturing families and strengthening communities, this year's Family Connect events saw many rental block families participating in our events. Through our events, neighbours got to connect with and understand one another. Our social workers in turn gained a deeper understanding of the needs of these families in order to continue to tailor targeted programs for them.

3 new weekly Active Ageing activities were introduced this year, targeting seniors of differing background and movement capacity. Our new seated Resistance Band Workout, for example, engages seniors with mobility issues. FunDance on the other hand is particularly beneficial for silver marriages. Lastly, Ding Ding! promotes mental wellness through mind stimulating games tailored for the elderly. These regular activities serve as a platform for seniors to befriend and support one another.

NEW PARTNERSHIPS AND COLLABORATIONS

It was a fruitful year filled with new partnerships. Our ITE youths at excITE benefitted greatly from the new corporate programs with Hapag Llyod, Character Leadership Academy (CLA), and Adam Khoo Learning Technologies Group (AKLTG). We were grateful to also receive valuable assistance from several corporate volunteers for our Meals-on-Wheels services. Some of these companies also sponsored the meals that they helped deliver to our seniors.

2022 was also a year in which we renewed our commitment, based on our new core values, to CARE for our seniors, community families, children and youth. As you look through the rest of this report, we welcome you to also browse through BCS CAREs - heartwarming personal stories of lives touched and transformed.

To all our dedicated donors, volunteers and partners, thank you for journeying with us as we care for the community. Let us continue building a community that cares together. For only in caring and showing love to one another, does life find its deepest significance.

Dr Peng Chung Mien
Chairman, Bethesda Care Services

Our Story

In 1996, Bethesda Care Services (BCS) started with a vision of reaching out and meeting the needs of the community in Bedok area. Today, we reach out and CARE for the children, youths, families and the elderly within our community by providing services and programs tailored to meet their needs.

Through our five main service departments, we **CARE** for individuals and families, prioritizing the needs of the vulnerable in our community:

Elderly Services

caring for the needs of the frail and aged

excITE

@ COLLEGE EAST

curated programs on resiliency and positive values for ITE Youths

Family Services

empowering families and individuals in adversity to overcome life's challenges

Sunshine Club STUDENT CARE CENTRE

providing affordable and quality before-and-after school care services

YouthSpace

SPACE where youths belong and realise their true potential

Contents:

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Our Mission

To enhance the well-being of families and individuals by delivering quality and professional social services.

Our Aims

- Support the unity and nurturing functions of families
 - Instil values through the provision of relevant and integrated social services
 - Empower families and individuals with skills to meet life's challenges
 - Enhance service effectiveness through staff development

What does our heart logo represent?

Our heart logo depicts two human-like figures; the bent figure on the left represents individuals in the community who are troubled with needs. The red figure on the right represents the counsellor with his hand on the troubled and needy person comforting and helping him.

CORE VALUES
are the deeply ingrained principles and aspirational values that guide all our actions;

They serve as our
CULTURAL CORNERSTONES
which would guide our interactions with our staff, volunteers, partners and clients.

Care

Care is about showing love and consideration to everyone, demonstrating patience, kindness and gentleness in speech and action towards one another. It is exemplified in a spirit of unity and help that crosses department lines. Its about touching the lives in the community with a love that goes the extra mile beyond just quality service.

Authenticity

We want to develop sincere relationships and a culture of mentoring and speaking life into one another. Whilst showing care, we want to build a safe, nurturing working environment where we can gently correct in love where there are areas of improvement and above all, integrity and transparency in our conduct and processes.

Restorative

We want to comfort and heal the broken-hearted, bring freedom to those held captive in their conditions and life situations - To bring about a restoration of joy, hope and purpose to experience the true beauty and meaning of the abundant life.

Empower

"Give a man a fish and you feed him for a day; teach a man to fish and you feed him for a lifetime". We want to empower those struggling in the community with sustainable solutions and resilience to overcome their challenges and thrive in life. We want our staff and volunteers to continually develop their competencies and a creative growth mindset to adapt to a dynamic everchanging social service landscape.

Impact Figures

April'22 - March'23

3257
Total Beneficiaries

\$215,671.72 worth of assistance disbursed

528
Families

and individuals assisted through Family Services

- 185 families and individuals assisted through Casework and Counselling
- 227 Bursary Award recipients
- 42 students engaged through Workshops
- 74 participants at Family Connect events

\$183,848.87 worth of Assistance Disbursed

- \$83,600 Bursary Awards
- \$137,775.79 MILK Scholarship program
- \$25,054.91 Assistance to Needy
- \$5,536.50 Food Rations program
- \$12,481.61 AIWFC 2022
- \$3,000 Roxy Fund

954
Seniors

served by our Elderly Services

- 249 seniors on Meals-on-Wheels (MOW)
- 249 seniors on Medical Escort and Transport (MET)
- 550 seniors engaged through Active Ageing Program
*(94 seniors on both MOW and MET)

\$31,822.85 worth of subsidies given out to help ease seniors into MET 2.0 new framework

662
Youths

engaged through YouthSpace events and programs

- 403 youths engaged through regular programs
- 222 youths engaged through Eastside Sessions
- 37 youths engaged through mentoring programs

1005
ITE Youths

reached through activities, programs, and workshops at excITE @ College East

- 147 students assisted through MILK Scholarship
- 54 students engaged through Resilience Workshop
- 601 students engaged through daily interactions, small group mentoring, interest groups & talks
- 153 students engaged through collaborative programs with CCA groups
- 143 students engaged through Corporate Engagement & Partnership programs and events

**some students attended multiple programs*

108
Children

enrolled in Sunshine Club Student Care Centre

- 3 students with special needs
- 16 students on MSF Comcare's Student Care Fee Assistance (SCFA)

CARE

A Hand to Hold

Sometimes having someone to lean on during difficult seasons in life provides just enough courage for hope. Meet Mui Leng and Angie.

Mui Leng had been a Medical Escort and Transport (MET) client of BCS for over 5 years. She suffered from multiple health conditions and had to make weekly visits to the hospital. She spent a lot of time going in and out of the hospital.

Mui Leng shared that Angie, our home help staff who often accompanied her for the medical appointments, had become a friend to her.

She enjoyed talking to Angie about food and her handmade jewelry. She thought of Angie and the service which BCS provides her as family. That role

of accompanying her and making sure she is able to make it to her appointments for timely medical treatment, is what family does.

"They are just like family to me. They do part of my family's job. If I get better, I would like to go out with Aunty Angie. Have lunch with her, hold hands and go shopping together." Mui Leng, Medical Escort & Transport (MET) client.

Scan to watch
full video story



Elderly Services

The highlight for FY22/23 was the onboarding of MET 2.0, a new model of operation for our Medical Escort and Transport (MET) service. MET 2.0 is the framework provided by Agency for Integrated Care (AIC) to upgrade Singapore's Community Care Sector. In November 2022, we also submitted our very first proposal to tender for Meals-on-Wheels services in the Eastern

(continued on page 06)

(continued from page 05)

regions of Singapore. Such tender exercises help service providers to evaluate operation needs, challenges and objectives regularly and ensures the best providers are selected to support the growing needs of our aging population. BCS looks forward to having new vendors in the MOW scene through this tender exercise.

KEY FIGURES & Updates

Onboarding MET 2.0

Helping seniors adjust to rising operation costs

Previously, seniors were charged a flat rate of \$7 regardless of whether they required escort and transport services or transport service alone. With MET 2.0 in place, as recommended by AIC, seniors now pay for what they use: either transport, escort, or transport & escort services.

For the first half of the year, we were busy easing the seniors into the program as there was much anxiety about the changes. We assisted seniors who struggled with the new pricing with our own charity dollar. This is in line with our CARE values and objectives to provide affordable services and yet keep up with the nationwide increase in operating costs.

	Previous Pricing	MET 2.0 Current pricing	Subsidies provided by BCS
Transport only		\$12.20*	
Escort only	\$7	\$21.60*	\$31,822.85
Transport & Escort		\$33.80*	

*84% of our clients qualify for this maximum level of government subsidy under the household means-test based on household income.

On top of the subsidies provided by the government, we provided **\$31,822.85** worth of subsidies from our own BCS charity dollar to help ease seniors into the new MET 2.0 price model.

Caring for the needs of the frail and aged



954

Seniors

served by our Elderly Services

- 249 seniors on Meals-on-Wheels (MOW)
- 249 seniors on Medical Escort and Transport (MET)
- 550 seniors engaged through Active Ageing Program
- *(94 seniors on both MOW and MET)

EVENT HIGHLIGHTS

Hari Raya Festive Pack distribution

April 23, 2022 | 312 seniors

The Social Co. graciously supported our Hari Raya festive pack distribution and provided us with delicious Tong Gardens Nutrone nuts for 312 seniors on our MOW and MET services.

Kettle Gift by GLO Ministry

December 3, 2022 | 274

kettles

The ability to share love and care transcends all abilities. 10 special needs friends brought much love and joy to our seniors through the kettle project. They danced and sang to raise funds and buy kettles for the elderly as a Christmas present. Their parents helped with gift wrapping and 7 GLO buddies from Bethesda (Bedok-Tampines) Church accompanied them to physically deliver the kettles to the seniors.

Their act of kindness warmed the hearts of the seniors. All of us including their parents and teachers were proud of their achievements. Through this project, we received 274 kettles of which 30 kettles were given to clients from our family department.

Garden By the Bay Outing

December 9, 2022

40 seniors, staff & volunteers embarked on our very first outing since the pandemic. Everyone was excited to be able to gather once more for the outing followed by a simple bento lunch. These were simple pleasures that we had taken for granted before the pandemic. Now they are so precious.

Jewel Outing

December 10, 2022

20 seniors, staff and volunteers visited Jewel for a photoshoot and lunch. The program was intentionally kept simple to allow time for deeper conversations over the meal. Our seniors warmed up quickly to the volunteers. Months later, many of these seniors still spoke fondly of the outing.

Botanical Gardens Outing

December 21, 2022

A reward outing was organised for 2 seniors who had completed a whole year of home based exercises with the aim to strengthen their lower limbs for better mobility. Indeed, they were able to enjoy the walk in the garden and western treat at one of the cafés.

CNY Festive Pack Sponsorship and Distribution

January 7, 2023 | 300 packs

This is the 6th year that Fook Meng and his friends have helped bless the seniors on our MOW and MET services. Over 100 volunteers gathered together to help with the packing and distribution of the festive packs which were filled with practical household needs as well as Chinese New Year goodies and crackers.



Volunteers from GLO helping to distribute the kettles to our seniors



December 10, 2022 | Jewel Outing - photoshoot and lunch

Service Impact Figures



249

seniors on our Meals-on-Wheels delivery service



249

seniors on our Medical Escort and Transport service

Total no. of clients

404

94 seniors on both MOW & MET



6286

Average no. of meals delivered per month
Highest record of 6660 meals delivered in August 2022

Total no. of meals delivered in FY22/23

75439

2% increase from prev. year



157

Average no. of MET trips a month
Highest record of 183 trips completed in March 2023

Total no. of MET trips completed FY22/23

1884

23% increase from prev. year

“One of the seniors remarked, “Will you bring me out again?” and our response was a sure ‘of course!’ Her simple question was laden with a deep yearning to go out and yet also deeply apologetic for fear of being a burden.”

Ms Wong Yoke Yee,
Senior Social Worker

Sharing about a senior's response at Botanical Gardens Outing

Corporate Volunteers

This year, we were privileged to receive help from a number of new corporate partners. Indeed, we are grateful to all our corporate volunteers who have lent us a helping hand in caring for our seniors and sending them warm meals.



October 14, 2022 | Volunteers from Edmund Tie's Property Management (PM) team returning our BCS warmer bags after distributing meals to our seniors

Govtech	SEPT 20 & 27 dinner delivery	19 staff delivered 96 packs
Edmund Tie	OCT 14 dinner delivery	Donated \$810 for food packs and delivered 129 packs
Grab	DEC 27 dinner delivery	7 staff delivered 39 packs of food
JTC	JAN 12 lunch delivery	10 staff delivered 55 packs of food
Datumstruct Solutions	JANUARY 16 lunch delivery	Sponsored 126 bento food packs for staff and seniors 22 staff helped to deliver 117 food packs to seniors

"A few months after my handicapped husband and I joined this workout, my 88 years old mum also joined in. She was initially very reluctant to participate but after her first try, she loved it! The instructor is very patient and her exercise moves are very interesting and easy to follow.

I want to thank BCS for recognising the needs of the frail and disabled and providing them with a suitable activity to help keep them physically active and socially engaged.

My family looks forward to this exercise each week!"

Mdm Liaw Soon Fong, 64 years old
Resistance Band Workout participant



A participant at Active Ageing's Resistance Band Workout

ACTIVE AGEING HIGHLIGHTS

The last FY saw more seniors gradually returning to our Active Ageing activities as Singapore transited from pandemic status to endemic.

New Programs	Resistance Band Workout Started on June 16, 2022	Approx. 40 participants by end of FY	Seated resistance band workout specially for seniors with mobility issues
	Ding Ding Program @ Fengshan Started on June 30, 2022	Approx. 30 participants by end of FY	Promoting mental wellness through mind stimulating games tailored for seniors
	FunDance Started on July 5, 2022	Approx. 60 participants by end of fy	"New Vogue Dance" taught by a group of volunteers. Suitable for couple dance
	Healthy Cooking Demo + Health Talk Started on September 19, 2022 (Hybrid - Live and streamed on Zoom)		In this bi-weekly program, the cooking instructor provides live cooking demo as well as tips on how to adjust the recipe for targeted health needs and nutrition

Avid elderly karaoke singers were delighted when our weekly karaoke sessions was finally resumed in February 2023.

3 new weekly activities - a new dance, a seated exercise and a mind workout program - were also added in the last FY in an effort to expand BCS's outreach to seniors and to cater to the diverse needs among them.

Regular Active Ageing Programs

- Low Impact Aerobics
- Zumba Gold
- Resistance Band Workout *New*
- Line Dance
- FunDance *New*
- Rummy-O
- Karaoke
- Ding Ding! 叮叮! *New*
- Conversational English

550
seniors engaged through our Active Ageing Programs



Seniors enjoying themselves at our weekly FunDance sessions

The Year Ahead

In the year ahead, we will be starting an additional seated Resistance Band Workout in Tampines for seniors with mobility issues. Our target participants are our MOW and MET clients as well as Tampines residents.

We look forward to the tender outcome for our Meals-on-Wheels services and continue to work on increasing our capacity and improving our menu to serve more seniors. We also hope to extend CARE to the caregivers to support them in this very privileged yet often extremely overwhelming journey.

EMPOWER

Worthy of Love

"I feel honored to be the one who helps fill in the missing pieces of his childhood life. With a little bit of care and concern, I see the students improve and doing much better in their studies and in their lives." - Dennis Tan, Senior Youth Worker at excITE.

Jia Hao first got to know our excITE staff through the follow-up lunch gathering with BCS bursary recipients. After getting to know our staff better, Jia Hao opened up and shared about his family situation, studies and challenges.

Jia Hao's mother passed away due to cancer when he was only 10 years old. Since then, he has lived with his grandma. He has missed out

on learning experiences that most of us that for granted. Things like learning how to tie shoelaces, and learning to ride a bike.

Dennis, our excITE staff, helps Jia Hao to catch up on some of these milestones. Jia Hao turns to our excITE staff, Michelle and Dennis, whenever he feels upset at home. "They are like my family. They really want to help me to be better, to improve myself."

Scan to watch
full video story



excITE @ COLLEGE EAST

In FY22/23, excITE @ College East youth centre reached out to more than 1,000 ITE students through our workshops, programs and initiatives. With the support of our regular volunteers and partners, our workshops helped youths to hone essential soft skills such as effective communication, compassionate listening, mutual respect and comprehension. These efforts have developed a positive impact on the ITE youths.

(continued on page 10)

1005

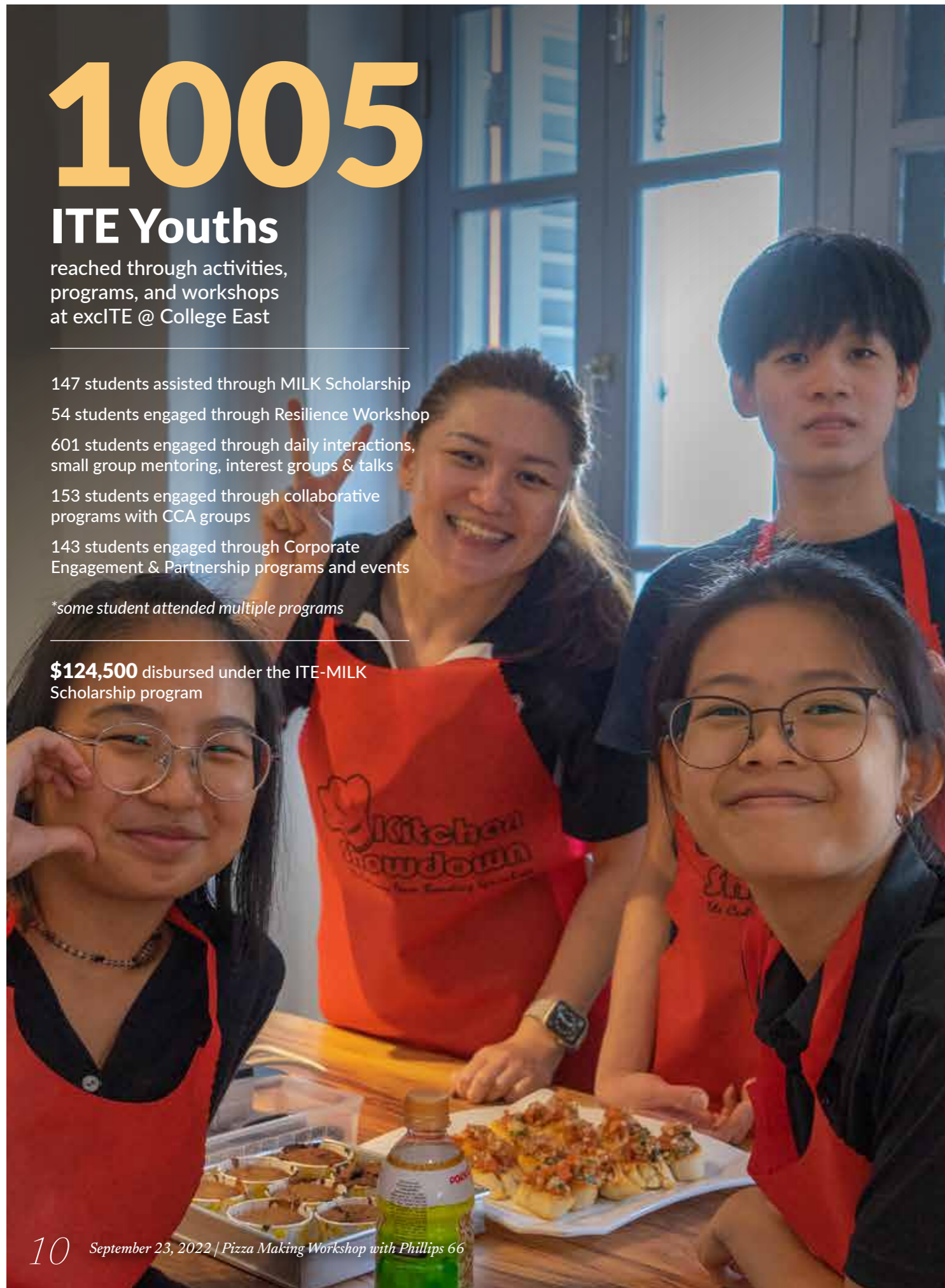
ITE Youths

reached through activities, programs, and workshops at excITE @ College East

- 147 students assisted through MILK Scholarship
- 54 students engaged through Resilience Workshop
- 601 students engaged through daily interactions, small group mentoring, interest groups & talks
- 153 students engaged through collaborative programs with CCA groups
- 143 students engaged through Corporate Engagement & Partnership programs and events

*some student attended multiple programs

\$124,500 disbursed under the ITE-MILK Scholarship program



10 September 23, 2022 | Pizza Making Workshop with Phillips 66

Curated programs for ITE youths to cultivate resilient habits and healthy values

(continued from page 09)

It was a fruitful year filled with new partnerships with Hapag Llyod, Character Leadership Academy (CLA), and Adam Khoo Learning Technologies Group (AKLTG). Our ITE youths were given many opportunities to interact and learn from our corporate partners. Through these partnerships, we have been able to expand our outreach to students to a greater level.



March 31, 2023 | Adam Khoo Learning Technologies Group



February 15, 2023 | Character Leadership Academy

KEY EVENT HIGHLIGHTS

Corporate Engagement and Partnerships

Credit Suisse ITE Mentoring Program

July - August 2022 | 4 sessions, 30 students

We were grateful for the continuous partnership with Credit Suisse as we embark on our 8th year of mentoring budding youths from ITE. Besides bringing students on a learning journey to Kranji War Memorial, everyone went on a cycling trip along East Coast Park, testing both their resilience and grit.

Kayak & Klean with Crédit Industriel et Commercial (CIC)

October 1, 2022 | 20 students

Our corporate engagements restarted in full throttle after resuming life after the pandemic. One of the highlights included Kayak & Klean with Crédit Industriel et Commercial (CIC),

which saw participation from 20 CIC staff and 20 ITE students. Everyone had a great time learning about marine life conservation and protecting our ecosystem while cleaning up the marina. There was even a mini-competition to determine which pair collected the most trash. The event concluded with a scrumptious lunch, and we thank CIC for fully sponsoring the cost of the event.

Pizza Making Workshop with Phillips 66

September 23, 2022 | 20 students

Phillips 66 generously sponsored a pizza-making workshop at a professional culinary studio. The beneficiaries were the MILK-ITE scholars whom we work closely with. Students were grouped together with Phillips 66 staff to create an appetizer, an entrée

and dessert. Everyone had a blast at this team-bonding exercise and savored their own masterpieces.

Dragon boat with Hapag Lloyd

February 22, 2023 | 30 students

We have been privileged to have Hapag Lloyd join us as our latest corporate partner in 2022. They were a strong pillar of support for our bursary award, being one of the major donors. Earlier this year, the staff of Hapag Lloyd had a blast rowing the dragon boat together with ITE students from the international logistics course. Hapag Lloyd hopes to foster a stronger bond between the industry and students aspiring to join industry in the future.



A LOOK BACK AT 2022, BCS Corporate Engagements & Partnerships

MILK Scholarship Program

Recognising achievements, encouraging resilience

3 Scholarship Ceremonies | June 23, October 13, 2022 and March 2, 2023
\$124,500 disbursed, 147 scholars
10 follow-up sessions from August to December 2022



BCS continued our partnership with Mainly I Love Kids (MILK) fund in 2022 and managed to award 147 scholarships since December 2021. Apart from the financial support, excITE continues to reach out to these deserving MILK ITE scholars through regular small group meetups, engagement programs in community services and personal mentoring. These regular follow-up sessions with the students help us to identify any issues or concerns they may be facing and offer additional support to help them in their growth.

Collaboration with CCA Groups

SC Leadership Workshops | 5-sessions (125 Year 1 students)
SC Workshop | 2-sessions (66 Year 2 students)
BB Primers | Weekly Program (20-30 students engaged)

153 students engaged in total

Through workshops and regular activities with CCA Groups, we enhance the students' leadership skills and encourage self-discovery by engaging them in healthy living, outdoor appreciation, service learning, and community leadership initiatives. The experience proved to be mutually beneficial for both the students and volunteers involved.



YFC Project

#CareForYouth fundraising campaign by Team Youthly

This year's Youth for Causes project raised **\$54,197.25*** under the campaign #CareForYouth in support of raising funds and awareness for excITE. Team Youthly clinched top fundraiser award, Distinction award, and BCS received the most supportive Social Service Organization award during the award ceremony.

*Figure reflected here is before the EFR dollar-matching figures have been applied.

(More details about #CareForYouth fundraiser available at page 22.)

"With BCS as our Social Services Agency, we had the great opportunity to work alongside excITE Staff. As Team YOUTHLY, it was our first time taking on such a project. We did not know where to start. But with the help of the excITE team, our direction became clearer and our problems did not scare us anymore. They would always take care of us, check in on us and love us."

I believe our team was set apart not just because of the things we had achieved but because of the people we had achieved it with."

Jerron Chia Rong
Higher Nitec in International Logistics, ITE College East
Group Leader of Team YOUTHLY, YMCA Youth For Causes 2022

Resilience Workshop

Fostering a growth mindset.
4-sessions, 54 students

Our resilience workshop sessions are held every quarter with the purpose of fostering a growth and overcomers' mindset in participating youths. We had a total of 54 student participants this year. Topics include effective communication, building grit and resilience. The sessions were full of experiential and interactive activities. Volunteers helped to facilitate break out groups to allow the ITE youths go through practical scenarios and put their skills in practice.



"excITE taught me that I can be who I want to be. excITE helped me in terms of pushing myself. In the past I would refuse to try sports and definitely turn down things like a hiking trip, but because of excITE, I've managed to complete a 19-km hike. I am so proud that I persevered and completed the hike."

Chen Xin, 18 years old,
Participated in our Resilience Workshop and other activities under our Collaboration with CCA groups

RESTORATION

From Ashes to Beauty

"I was helpless and could not control my emotions. I was unable to work, to function. It was like I was in a small dark room with no way out."

A client shares about her counselling journey at BCS. She came to receive counselling help about a year ago due to depression triggered by the betrayal of a close loved one. She shares about her counselling journey, how she moved on from a season of hopelessness and sense of worthlessness to rediscovering herself once more. She thinks of herself as a dandelion flower. Although small and imperfect, it is resilient and able to find new hope and life riding the winds of change.

Our BCS senior social worker, Kathleen, talks about how there has been more people seeking emotional and mental health support from our counselling services over the past 2 years. This may be due to relationship issues, workplace challenges or even past traumatic events that were unresolved.

Scan to watch
full video story



Family Services

With the easing of safe distancing requirements and removal of group size limits since April 22, we were able to carry out larger scale events and workshops thus facilitating more social interactions. The response for our Family Connect cum community bonding events were overwhelming. This reflects a genuine need for more of such experiential workshops and events to promote family cohesiveness and build community support, especially amongst the disadvantaged families.

528

Families & Individuals

assisted through Family Services

185 families and individuals assisted through Casework and Counselling

227 Bursary Award recipients

42 children engaged through Workshops

74 participants at Family Connect events

\$183,848.87 worth of Assistance Disbursed



13 September 10, 2022 | Family portrait taken during one of our Family Connect Events Bee Amazed Farm Visit & Luncheon

KEY EVENT Highlights

Welfare Services BURSARY AWARDS 2022






Recognising achievements, encouraging resilience

On November 11, 2022, we were finally able to hold a physical bursary award ceremony to commemorate the outstanding accomplishments of our students.

A total of \$83600 was awarded to 227 students, comprising a mix of Primary, Secondary and ITE College students. Our deepest gratitude goes to our donors, Phillips 66 International Trading Pte Ltd, Crédit Industriel et Commercial (CIC) and Hapag Lloyd for their generous donations.

We were thankful to have Ms Cheryl Chan, Member of Parliament, East Coast GRC, grace our ceremony and also Mr Ryan Wegner from Phillips 66 and Mr Joshua Lee from Hapag Lloyd help disburse the awards.

\$183,848.87
Assistance Disbursed
[BENEFICIARIES]

 ROXY FUND \$3000 [7 FAMILIES]	 MONTHLY FOOD RATION \$5,536.50 [30 FAMILIES]	 M.I.L.K. SCHOLARSHIP \$137,775.79 [150 STUDENTS] <small>*147 students from ITE</small>
 ASSISTANCE TO NEEDY \$25,054.91 [102 FAMILIES & INDIVIDUALS]	 BCS BURSARY AWARDS \$83,600 [227 RECIPIENTS]	 AIWFC \$12,481.61 [21 FAMILIES]

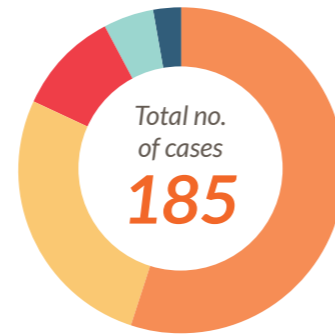
Casework and Counselling

Bringing healing and comfort to those in need

We see a slight increase in the total number of casework and counselling clients from 177 cases in FY2122 to 185 cases this FY. Many come to us to seek financial assistance as well as emotional support.

Counselling Case Types [%]

Financial Assistance	102 cases 55%
Emotional	50 cases 27%
Family & Marital	19 cases 10%
Behavioral	9 cases 5%
Others	5 cases 3%
Total	185 cases



FAMILY CONNECT EVENTS

Nurturing families, strengthening communities

September 10, 2022 | Bee Amazed Farm Visit & Luncheon (Corporate-sponsored)

This event was generously sponsored by Mitra Famosa International to enable us to reach out and serve the families from HDB rental block 429A. 22 adults and 9 children joined us that Saturday morning for the Bee Farm visit. As part of the educational tour, the families got to try on the bee suits and get up close with the bees.

Back in a function room at HeartBeat @ Bedok, participants enjoyed a sumptuous buffet lunch spread and fun activities prepared by 15 volunteers. Goodie bags were given out and there was also a Family Portrait taking session so that each may preserve the good memories. To everyone's delight, Minister Tan Kiat How made guest appearance and spoke words of encouragement to all.



Father and son feeding the goats together at the Hay Dairies Farm Visit | March 18, 2022

March 18, 2023 | Hay Dairies Farm Visit & Luncheon

This event was organized for 43 participants many of whom were from underprivileged families. At Hay Dairies Goat Farm, they picked up fun facts about the goats and witnessed the milking process. Families got to bond over shared experiences, especially during the goat feeding session. They were delighted to receive souvenirs such as soap, goat milk and activity books from the farm. Subsequently, lunch was provided back at BCS centre and activities such as puzzle-making and station games helped to further strengthen family ties. The fastest family to complete the puzzle challenge won a prize.

"We enjoyed feeding the goats so much! Thank you BCS for organising this outing for us! Without BCS, my family would never get to experience this farm outing as the place is much too far for us to travel to on our own."

Du Rui, mother of four Hay Dairies Farm Visit participant

Life Skills Workshops

Positive values, interpersonal skills, overcoming challenges

Body Safety Workshop: June 8 & 9, 2022

A 1-hour body safety workshop was conducted for 25 Sunshine Club children from the Primary 2 and 3 classes at our student care centre. Through role-playing examples and scenarios, students were taught how to draw personal boundaries with the people around them and the importance of protecting their own bodies. The students were quizzed at the end of the workshop and awarded a special bookmark at the end of the workshop.



Sunshine Club Primary 4 students working on their Mighty Minds worksheets

Mighty Minds 2: Managing BIG Emotions December 1, 8 & 13, 2022

The first series of Mighty Minds (2021 - 2022) focused on encouraging children to cultivate a growth mindset as well as a positive self-image to enhance their mental resilience in the face of daily stressors. In this second series, the children learned to recognize their emotions and were shown how to manage these big emotions.

Through hands-on and interactive activities, 17 Sunshine Club children aged 10 to 11, were taught practical and healthy ways to cope with big emotions. The students were rewarded with attractive prizes upon completion of the course and journal reflections.

A pre- and post- evaluation survey to analyse the children's understanding of the workshop showed increased confidence in coping with anxieties and worries. They were keen to share what they had learned with friends.



"I learnt that we all behave and handle emotions differently. I can overcome my worries and manage my emotions. In future, when my friend is worried, I can accompany them to cheer them up and play with them."

Yi Heng, Primary 4 SCC student Mighty Minds participant

"I learnt that I have a lot of worries, but I know how to control them, because I am stronger than before, and I am bigger than my worries. I am proud to be able to understand that different people cope with emotions differently. I can teach my friends the different types of breathing exercises, console them when they are worried, and teach them how to overcome them."

Natalie Ee, Primary 4 SCC student Mighty Minds participant

STUDENT CARE CENTRE

*A fun and safe haven
where children can
explore, learn, develop
good character and form
lasting relationships*

We seek to provide quality before-and-after-school care at an affordable rate, for students aged between 7 and 14 years, regardless of socio-economic and family background.

At Sunshine Club, we believe every child is unique and possesses different giftings and qualities.

One of our centre's key focus is positive character development.

Using curated materials and activities, Sunshine Club conducts all our programs around a central character theme during school breaks. Every 6 months, a single character trait (e.g. Respect, Patience, Generosity, Compassion, etc.) is chosen as the central theme for our teaching.



Sunshine Club

This year, Sunshine Club resumed many of the activities it used to run pre-COVID-19, which includes Outings, Enrichment Programs, Parent-child bonding events and Parent's Appreciation Night. This allowed for better bonding and relationship building amongst the students, as well as between Sunshine Club and our students' families.

Quality and affordable before-and-after school care for students



108

Children

enrolled in Sunshine Club
Student Care Centre

3 students with special needs

16 students on MSF Comcare's Student Care
Fee Assistance (SCFA)

KEY EVENT

Highlights

PARENTS' APPRECIATION NIGHT (PAN)

Recognising achievements,
encouraging resilience

Last December, SCC hosted 130 family members in our first Parent's Appreciation Night since 2019. Excitement was in the air as our students eagerly waited for their family members to arrive. Lively conversations filled the space as our staff got to chat with families. Parents also got to meet and get to know their children's friends and families. After dinner and some ice-breaks, parents sat back and enjoyed the performances put up by their children. It was heart-warming to see children gifting parents their art and craft creations to thank them for their love and care.

"I want to thank all the staffs for the effort in putting up this event. It's not just this event, all of the staffs have taken care of the kids so well, organising many meaningful events and teaching them the right values. A big thank you from the bottom of my heart."

Anonymous feedback from a parent after PAN event



“Courage” June Holiday 2022 theme

The 5 “I will”s

As part of our efforts to focus on student character development, our June holiday activities at Sunshine Club centred on the character theme of “Courage”.

Using 5 simple “I will”s, the students learnt what it means to courageously stand up against wrong-doings and speak the truth. Even when it means that they are on their own.

Activities such as memory work, songs, storytelling, crafts and games helped reinforce the value and nuances of what it means to be courageous.

I Will...

- not be afraid to speak the truth
- keep a clear conscience
- support others when they are right
- be willing to stand alone
- speak with humility



SYFC Life Matters

Stress & anger management, decision making and conflict resolution skills

**June to September, 2022
10-session Workshop**

Volunteers from Singapore Youth For Christ (SYFC) ran a series of workshop named “Life Matters”, specially tailored for the Primary 4s and 5s students in Sunshine Club. The 10-session workshop focused on stress and anger management, time management, decision making and conflict

resolution skills, and also building relationships with family and friends.

Through interactive discussions and fun activities led by the group of volunteers, the students had an enriching and engaging time gaining valuable insights and picking up important skills. The students also gained resilience and confidence, enabling them to manage these life issues and build healthy relationships.

Sunshine Club Calendar of Events FY22/23

June

31
MAY/JUN
01

Polymer Clay session
(Vendor)

07
/09

Inline Skating
(Vendor)

07
/09

Body Safety Workshop
(Family Services)

20
JUN/SEP
01

‘Life Matters’ by SYFC
(Volunteer)

July

13

**Esplanade Theatrical Play:
Jun and the Octopus**
(Outing)

September

08 **Pasir Ris Park**
(Outing)

November

30 **River Wonders**
(Outing)

December

7 **Polliwogs Indoor Playground**
(Outing)

14 **Jewel Changi**
(Outing)

16 **Parents’ Appreciation Night**
(Event)

19 **Year-end Party**
(Event)

March

16 **Jump Rope Program**
(Vendor)



December 7, 2022 | Primary 1 to 3 students
outing to The Polliwogs for an afternoon of fun



July 13, 2022 | Esplanade Theatrical Play



September 8, 2022 | Outing to Pasir Ris Park



September 8, 2022 | Outing to Pasir Ris Park

AUTHENTICITY

A Safe Place to Grow

"I feel safe sharing my emotions and feelings with the staff here. Things that I wouldn't share at school or at home." Herman, YouthSpace Youth.

In this video, two youths from YouthSpace share about what makes this place special to them.

For Herman, it is safe place to hang out and talk about emotions and relationship matters that he is not comfortable talking about with teachers or parents.

In the 4 years that he has been with YouthSpace, he has learnt to manage his anger better and think of what other feel instead of just focusing on self.

Glenise has been in YouthSpace for 3 years. She shares that YouthSpace has given her the freedom to be a teenager and experience what a teenager should feel and be like.

Scan to watch
full video story



YouthSpace

In FY 22/23, YouthSpace expanded its outreach and enhanced its programs to enhance the quality of its services and its niche programs for the youth community it serves. YouthSpace's objective for the year was to maintain flexibility and promote collaboration, in order to forge even deeper connections with the youth we serve.

(continued on page 19)

SPACE where youths belong and realise their true potential



662 Youths engaged through YouthSpace events and programs

403 youths engaged through regular programs
222 youths engaged through Eastside Sessions
37 youths engaged through mentoring programs

19 March 31, 2023 | Happiest Hour (EastSideSession)
Youths formed groups of 3 to audition for a dance battle

(continued from page 18)

We have expanded our specialized dance programs to include two new initiatives (EastSideSessions and Dual mentoring track in BreakingSpace) while branching out to explore graffiti as another possible medium for engagement and development.

In light of the shortage of manpower in social services and the growing demand for volunteer opportunities among young people, we have also kick started YouthSpaceCares, which aims to be a bridge between youth volunteers and meaningful community service projects while providing development required for youth volunteers to make a more positive impact and value on themselves and the people they serve.

KEY EVENT HIGHLIGHTS

EastSide Sessions'22

Collaborating with, and empowering youths

December 3 & 4, 2022 | EastSideSessions'22 was our very first annual event, which aimed to combine street culture with character and self-development for the young people we serve.

We're especially proud to have been the first Social Service Agency to organize a street dance battle.

This year, we chose Mental Health as our theme, and curated a series of dance workshops in collaboration with mental health professionals from SAMH to raise awareness about this critical issue. We're thrilled to report that we had nine successful collaborations with various partners, including YouthCreates, our main funding partner. We were also honored to have MP Cheryl Chan in attendance, making the event even more special.



cherylchan.fengshan @daniel._koh (Champion for 7-to-smoke Rugrats): He's just too cool for a 9yr old!! 😊 It's the first time I watched a full competition of street dance and these kids (aged below 12) made the crowd screamed!!! 🤩

Thanks to @youthspaceonline, Shanice @girlinboxers and Kai @instagkai for organizing the event.



BreakingSpace with Gin Lam

Creative expression that empowers and connects

September to November 2022 | 10-sessions mentoring workshop

For this year's edition of BreakingSpace, YouthSpace successfully introduced a new mentoring track tailored specifically for seasoned youth dancers. The program was designed to provide a platform for these talented young people to explore their own unique creative process through a Contemporary approach to dance. By reflecting on their personal experiences and collaborating with others in the group, these dancers were empowered to express their stories through their art.

Through this journey, youth dancers were empowered to reflect back on oneself and with others in the group while using their own dance creative process as a outlet for expressing their stories. The whole journey ended with a performance as part of SAMH annual flagship event.

The introduction of the new mentoring track at BreakingSpace is just one example of our ongoing efforts to create unique and impactful programming for the youth community we serve in the East.

"The phrase "it's ok to be imperfect" says just that. This piece shows us exactly how we are, flaws and all, and it encourages us to be courageous by showing us that we can be both weak and powerful at the same time."

Rachel, BreakingSpace Participant



Slay Queen

Building youth self esteem and self confidence

November 25, 2022 | Slay Queens was a full day workshop with an objective to improve female youths' self esteem and self confidence. It was a workshop tailored in response to the needs we observed in the youths.

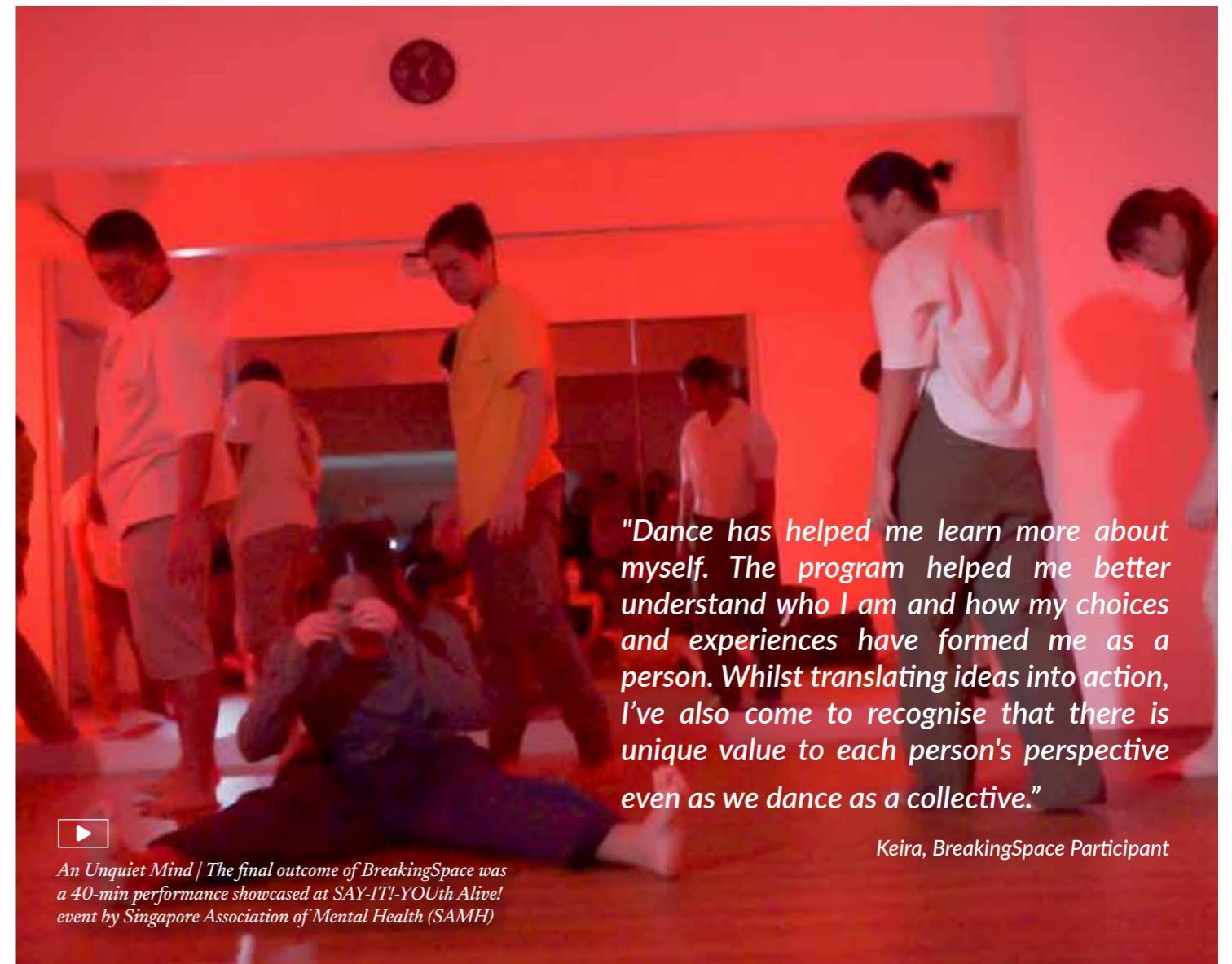
Slay Queens consist of reflective and conversational exercises that focused on inner beauty paired with workshops on clothes upcycling, makeup and photography.

In addition, Felicia Chin and Sarah from Playhood were invited to participate in this project as guest facilitators.

YouthSpace Engagement

Executed a total of
101
days worth of programs

Managed
224
days of drop-in and mentoring sessions



"Dance has helped me learn more about myself. The program helped me better understand who I am and how my choices and experiences have formed me as a person. Whilst translating ideas into action, I've also come to recognise that there is unique value to each person's perspective even as we dance as a collective."

Keira, BreakingSpace Participant



An Unquiet Mind | The final outcome of BreakingSpace was a 40-min performance showcased at SAY-IT!-YOUth Alive! event by Singapore Association of Mental Health (SAMH)



A segment of Slay Queen involved giving the youths photography and editing tips which also helped them understand how to images on social media often processed and curated for various purposes.



Slay Queen | Group sharing and conversations with Felicia Chin about the perception of beauty.



Slay Queen | Makeup session

SPACE where youths belong and realise their true potential

A total of
\$550,975.25
 was raised through
 fundraising efforts

Fundraisers

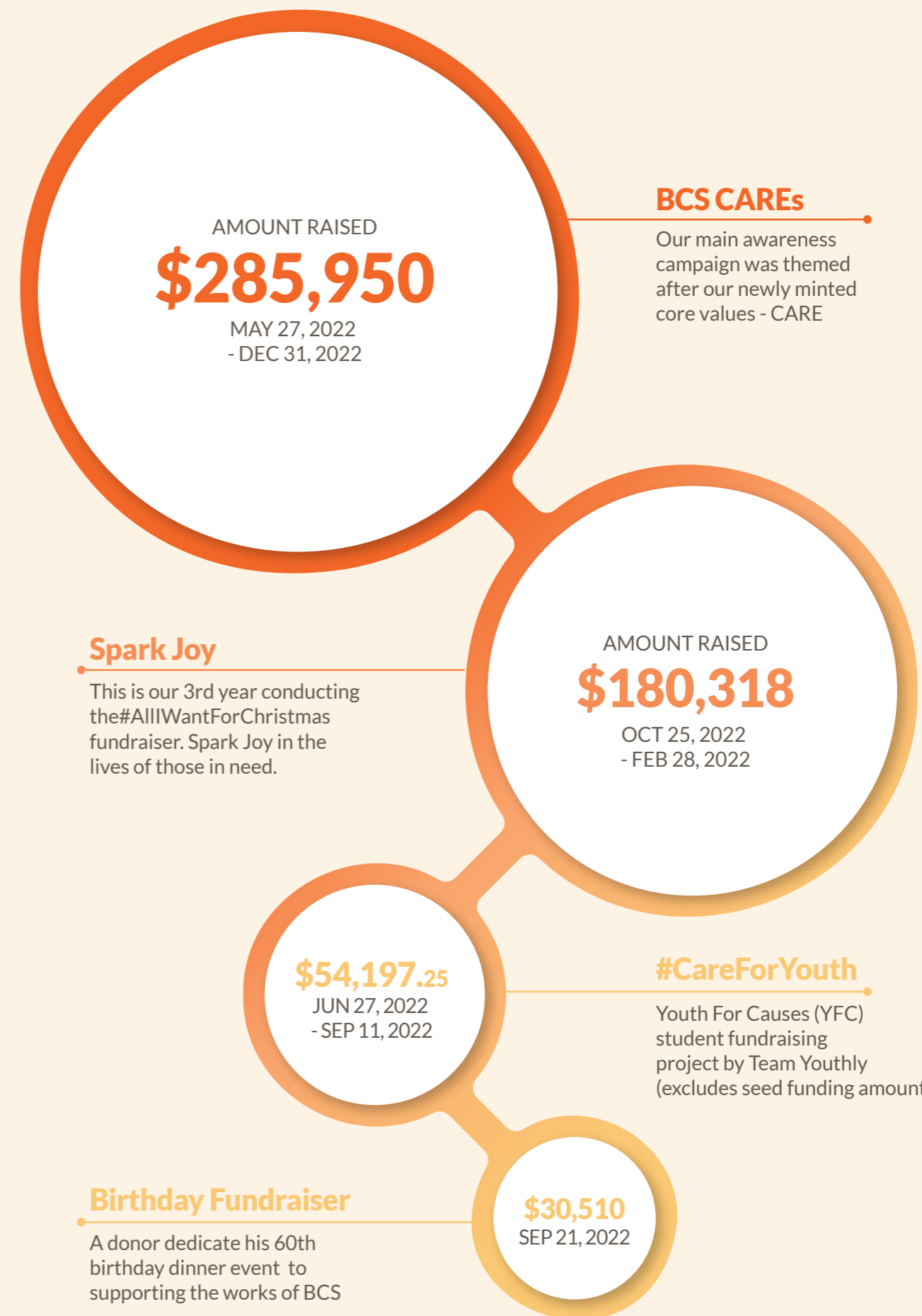
Since our inception in 1996, Bethesda Care Services has depended on voluntary donations from individuals and organizations to run our operations and services. With your support, we continue to CARE for the children, youths, families and elderly in our community.

This year, we continue to keep our fundraising campaigns on Giving.sg to maximise our donors' giving and qualify for the Enhanced Fund-raising (EFR) dollar matching scheme. Two major fundraisers were conducted during

the year - 'BCS CAREs' and #AllIWantForChristmas or AIWFC for short. On top of our two major fundraisers, there was also a Youth For Causes (YFC) student fundraising project conducted by

a team of 4 ITE students in support of youth well-being and excITE activities. Their campaign name was #CareForYouth.

*All figures reflected here is before the EFR dollar matching figures have been applied.

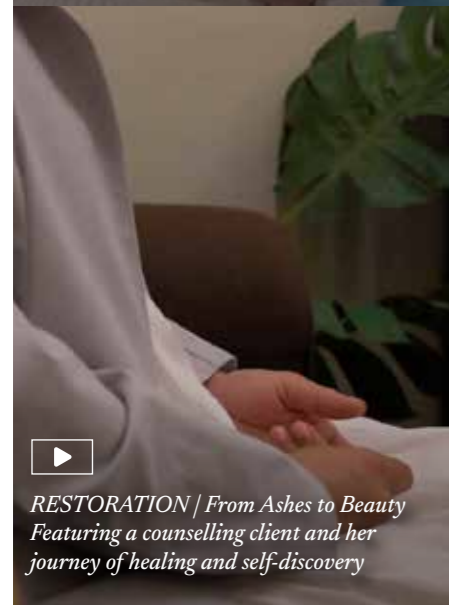




CARE | A Hand to Hold
Featuring Mui Leng & Angie,
BCS MET services



AUTHENTICITY | A Safe Space to Grow
Featuring Herman & Glenise and
their experiences at YouthSpace



RESTORATION | From Ashes to Beauty
Featuring a counselling client and her
journey of healing and self-discovery



EMPOWERMENT | Worthy of Love
Featuring Jia Hao & Dennis,
excITE youth work and support

Spark Joy (AIWFC)

Oct 25, 2022 - Feb 28, 2023

Our annual #AllIWantForChristmas campaign (AIWFC) is about making Christmas others-centred and not me or we-centred. The campaign focuses on raising awareness about the practical household needs of low-income families and the homebound seniors.

Whilst some of us may have too much clutter in life and need to simplify our living, there are those who are in need of your help and

giving. AIWFC campaign 2022 was themed SPARK JOY.

The funds raised from the campaign was used to help make the wishes of 25 homebound seniors and other individuals or families in need come true as well as provide year-round assistance to the needy clients of Bethesda Care services. Remaining amounts are then used to support our programs and services.

A total of **\$180,318** was raised under this campaign.

BCS CAREs

May 27 - Dec 31, 2022

Named after our BCS core values, BCS CAREs was the theme for our annual Awareness Campaign.

Not just a service, but love that goes the extra mile. BCS CAREs for individuals and families, helping those who are disadvantaged to overcome their situations through practical help, counselling and preventive intervention to find self-sustaining solutions to live fulfilled lives.

The main push for this campaign launched in August, featuring a series of video interviews showcasing how BCS CAREs for our clients. The care given to those in need results in authentic relationships, restoration and empowerment. The four stories were first featured at Bethesda (Bedok-Tampines) Church's (BBTC) English services on August 13 & 14 and later released on our social media platforms throughout August and September.

\$271,850 was raised via online giving platform Giving.SG and **\$14,100** via cheque.

#CareFor Youth

Jun 27 - Sep 11, 2022

For this year's Youth for Causes project, Team Youthly, consisting of a group of 4 ITE students, aimed to raise funds and awareness for excITE, to relaunch our youth center, after emerging from the pandemic. They showcased 4 students' real-life experiences and how they overcame their struggles after journeying with excITE and going through our program offerings. The team's effort received great support from the community and raised **\$54,197.25** in total.

Team Youthly clinched the top fundraiser award, Distinction award, and BCS received the most supportive Social Service Organization award during the award ceremony.



August 14, 2022 | BCS staff dedication during our annual Awareness Campaign, the weekend where BCS CAREs was launched and our 4 campaign videos were featured at Bethesda (Bedok-Tampines) Church's (BBTC) English services.



August 14, 2022 | Team Youthly's fundraising booth
Team Youthly | (From left to right) Tasneem Binte Mohamad Hisam, Liu Yang Feng, Jerron Chia and Julia Tay

Special Mention

Birthday Fundraiser

This year, we were privileged and extremely grateful to have a donor dedicate his 60th birthday to helping the community. The dinner was held on September 21, 2022 and the event raised **\$30,510** in support of the works of Bethesda Care Services.

THE YEAR AHEAD

In the year ahead, we will continue to conduct our two annual major fundraising campaigns, as well as welcome the help of any student groups looking to fundraise on our behalf through YMCA Youth For Causes 2023.

We have had the privilege of receiving help from **223 volunteers**

[Excluding Group and Corporate Partners]

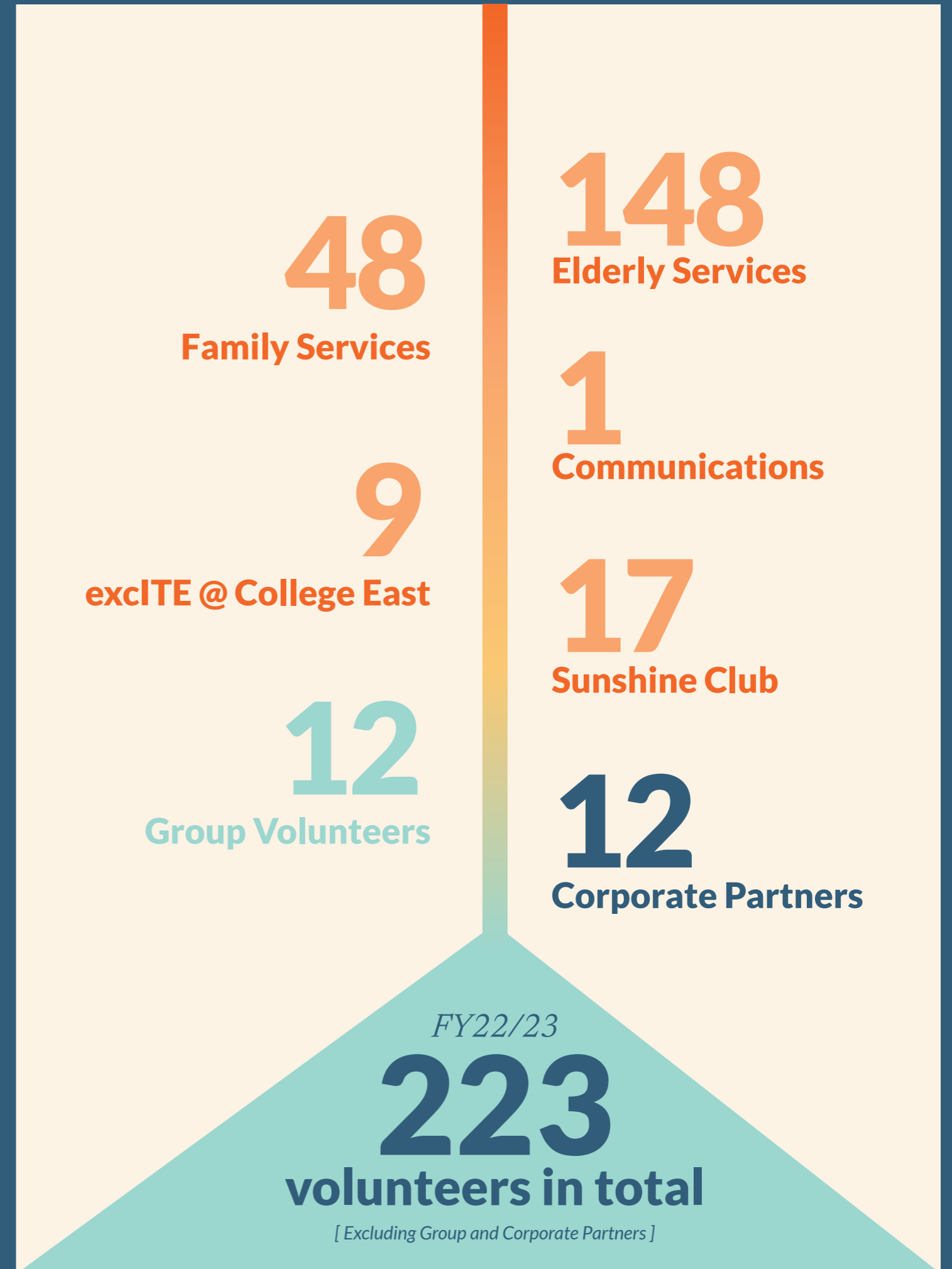
HELP where it is most needed.

We are ever so grateful for the support that our volunteers have given us as they contribute time and talent in support of our services unto the community. This year, as the number and scale of our events picked up in the post-pandemic setting, we are thankful to see more help roll in. This we see in the increase in number of corporate volunteers as well as individual volunteers.

Partners' Appreciation Night 2023

On February 23, 2023, we held our Partners' Appreciation Night 2023 themed 'Refresh, Rejuvenate, Recharge'. The event received many positive feedback from both volunteers and partners. They enjoyed the grocery-themed night of dinner,

performances and photo taking as well as table games and activities. It was a night where we appreciate those who have continued to give and refresh others despite the challenges of these past few years. "As you refresh others, you shall be refreshed."



Help where it is most needed

Help CARE for the *community*

Donate to our charity and help provide meals, food rations, bursaries and more. Your donation will help us serve the frail and needy in Singapore.

<p>\$35 will allow us to provide 1 Medical Escort & Transport Service to an Elderly</p>	<p>\$50 will allow us to provide 1 bag of basic monthly rations for 1 Family</p>	<p>\$120 will allow us to provide 2 meals a day for an Elderly for 1 month</p>	<p>\$250 will allow us to give 1 bursary award to 1 primary school Student</p>
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For mobile banking donations, use PayNow feature on your app and donate directly **UEN S96SS0146D** or scan this QR code.

For 2.5 times tax deduction on your donation:

- Include your NRIC in the description /comments box.
- Screenshot the transaction and email to **angxinyi@bethesdacare.sg** within 48 hours.
- Include your name, identification number, contact number and address in the email.
- Only applicable for cash donations of \$10 and above.

For other modes of donation or to find out if we have any ongoing fundraising campaigns, please visit **bethesdacare.sg/donation**.

Corporate Information

The organisation was registered under the Registry of Societies in Singapore on 21 June 1996 and registered as a Charity on 19 April 1997 as Bethesda Care and Counselling Services Centre (BCCSC). On 7 February 2018, our name change to Bethesda Care Services was effected. The organization is a full member of the National Council of Social Service and has an Institution of a Public Character (IPC) status. BCS has a constitution as its governing instrument.

Name in Chinese: 恩典之家
 ROS Registration Number: **ROS 164/96 WEL**
 Charity Registration Number: **01253**
 Institution of a Public Character (IPC) Registration Number: **IPC 000 227**
 IPC Sector Administrator: **Ministry of Social and Family Development**
 Unique Entity Number (UEN): **S96SS0146D**
 Registered Address: **300 Bedok North Ave 3, Singapore 469717**
 Bankers: **Oversea-Chinese Banking Corporation & Standard Chartered Singapore**

27TH MANAGEMENT COMMITTEE

The Management Committee sets the direction, decides on our policies, administrative procedures and provides leadership and counsel relating to the management of The Society. The following Committee Members were appointed at The Society's 27th Annual General Meeting on 28 June 2022.

Chairman	Dr Peng Chung Mien
Vice Chairman	Mr Lok Vi Ming
Honorary Treasurer	Mr Li Jinghui, Ray
Honorary Secretary	Mr Lai Choy Tong
Committee Members	Ms Wong Li Tein (Monica) Mr Chua Seng Lee Mr Foo Ming-En, Mark Mr Peng En Wei Mr Eio Wee Hiong, Joseph Mr Choo Meng Lien, Cavin

SENIOR MANAGEMENT TEAM

Executive Director	Mr William Loke <i>(Appointed to position since 1 July 2015)</i>
Senior Social Worker <i>Family Services</i>	Ms Kathleen Yee <i>(Appointed on 6 Jan 2020)</i>
Senior Social Worker <i>Elderly Services</i>	Ms Wong Yoke Yee <i>(Appointed on 1 July 2022)</i>
Supervisor <i>Student Care Services</i>	Mr Chua Jun Ping <i>(Appointed on 1 July 2021)</i>
Program Manager <i>Soul-Care Services - excITE</i>	Ms Michelle Low
Volunteer Manager	Ms Michelle Low <i>(Appointed on 1 July 2020)</i>
Support Operations Manager <i>HR / Admin / Comms</i>	Mr Tu Huai Chieh <i>(Appointed on 1 Jan 2021)</i>



Disclosure Report

REGISTERED IPC STATUS

Bethesda Care Services' IPC status, renewed under the Ministry of Social and Family Development, is valid from 01/04/2023 to 31/01/2026 .

MANAGEMENT COMMITTEE AND EXECUTIVE MANAGEMENT

1. The governing instrument of Bethesda Care Services is the Constitution. Bethesda Care Services is governed by a Management Committee (MC) (consisting of voluntary members). The Management Committee members and office-bearers are re-elected at an Annual General Meeting at least once every three years.
2. There are no MC members holding staff appointments. Hence, the rule of staff not chairing or comprising more than one-third of the MC is not applicable.
3. Staff do not participate in Management Committee decision-making.
4. No Management Committee Members received any remuneration from Bethesda Care Services during the Financial Year. As such, no MC Member is involved in setting his or her own remuneration.
5. The governing instrument sets out the Management Committee's composition, election process, duties and term of office bearers.
6. The governing instrument specifies a maximum limit of four consecutive years for the position of Honorary Treasurer.
7. There are no paid staff who are close members of the family of the Executive Head (Executive Director) or any MC member.
8. The governing instrument sets out the number of times the Management Committee meets and quorum required.
9. The MC regularly reviews Bethesda Care Services' controls, processes, key programs and events through reports and information provided by its Committees, MC Members and the Management.
10. A total of 4 MC meetings were held in FY22/23 (separately from the AGM held on 28 June 2022.) on the following dates: 28 June 2022, 6 September 2022, 6 December 2022 and 14 March 2023.
11. All MC members were re-appointed or newly appointed at the AGM held on 28 June 2022.

DISCLOSURE AND TRANSPARENCY

1. Bethesda Care Services makes available to its stakeholders this annual report that includes information on its programs, activities, audited financial statements, MC and Executive Management.
2. Bethesda Care Services' Assets including the passenger vans listed below are held for the sole purpose of supporting its charitable community programs and activities:
 - Passenger van plate no. PC1737X
 - Passenger van plate no. PC9937H

Details of the Management Committee including their meeting attendance are as follows:

NAME	POSITION	DATE ASSUMED POSITION	BOARD DIRECTOR SINCE	OCCUPATION	RELATED ENTITY / PREV. APPOINTMENT & TENURE
PENG CHUNG MIEN** ●●●●	CHAIRMAN	29 JUNE 2015	8 JAN 1998	LOCUM DOCTOR	DIRECTOR (BBTC)
LOK VI MING** ●	VICE-CHAIRMAN	29 JUNE 2015	1 JAN 1997	SENIOR COUNSEL, MANAGING DIRECTOR	CHAIRMAN (BBTC)
LAI CHOY TONG ●●●	SECRETARY	22 MAR 2016	13 JULY 2013	CHARTERED ACCOUNTANT	Previous Treasurer 13 July 2013 - 22 Mar 2016
LI JINGHUI, RAY ●●●●	TREASURER	28 JUNE 2022	28 JUNE 2022	ACCOUNTANT	
WONG LI TEIN (MONICA) ●●	MEMBER	13 JULY 2013	13 JULY 2013	DISTRICT JUDGE	
CHUA SENG LEE ●●●	MEMBER	26 JUNE 2018	26 JUNE 2018	SENIOR PASTOR	SENIOR PASTOR (BBTC)
FOO MING-EN, MARK ●●●●	MEMBER	8 SEPT 2020	8 SEPT 2020	LEGAL COUNSEL	
PENG EN WEI ●●	MEMBER	8 SEPT 2020	8 SEPT 2020	SENIOR INTELLIGENCE MANAGER	
EIO WEE HIONG, JOSEPH ●●●	MEMBER	8 SEPT 2020	8 SEPT 2020	DIRECTOR	
CHOO MENG LIEN CAVIN ●●●	MEMBER	29 JUNE 2021	29 JUNE 2021	MANAGING DIRECTOR	

● Denotes Management Committee meeting attendance. There were 4 MC Meetings in FY22/23.
 ** Reason for retaining governing MC members who have served for more than 10 consecutive years: These MC members have been among the founding members of the Charity. They have been key to the foundation, growth and direction of the Charity. It has been difficult to find comparably dedicated people with the key skillsets in the Healthcare and Legal sectors for renewal.

Related Entity refers to Bethesda (Bedok-Tampines) Church, BBTC.

STRATEGIC DIRECTION AND PROGRAM MANAGEMENT

- The Management Committee reviews and approves the vision and mission of Bethesda Care Services through Management Committee meetings.
- The Management Committee approves and reviews a strategic plan for Bethesda Care Services to ensure that the activities are in line with its objectives.
- These are documented and communicated to its members through corporate and management meetings, and to the public through publicity materials such as Bethesda Care Services' website, annual report and community networking.

WHISTLE-BLOWING POLICY

- Bethesda Care Services' Whistle-blowing policy aims to provide an avenue for employees and external parties to raise concerns and offer reassurance that they will be protected from victimisation for whistle-blowing in good faith.

PUBLIC IMAGE

Bethesda Care Services accurately portrays its image to its members, donors and the public and has guidelines on how mediums of communication is to be used and how stakeholders are to be engaged.

HUMAN RESOURCE MANAGEMENT

- Bethesda Care Services employs paid staff.
- No staff is involved in setting his or her own remuneration.
- There are HR policies and annual appraisal system.
- The annual remuneration of key management personnel are classified as follows:

REMUNERATION BAND	FY22/23	FY21/22	FY20/21
S\$100,000 TO S\$200,000	1	1	1

Key management staff are personnel having authority and responsibility for planning, directing and controlling the activities of Bethesda Care Services, directly or indirectly. Key management staff comprise of the Executive Management Team.

- There is no paid staff, being a close member of the family belonging to the Executive Director (ie. Chief Executive Officer equivalent) or members of the Management Committee of Bethesda Care Services, who has received remuneration exceeding \$50,000 during the financial year.

MANAGEMENT OF CONFLICT OF INTEREST

- There are documented procedures for Management Committee Members and staff to declare actual or potential conflicts of interests to the Management Committee.
- MC Members make annual declarations of actual or potential conflicts of interests to the Management Committee.
- MC Members abstain and do not vote or participate in decision-making on matters where they have a conflict of interest.

FINANCIAL MANAGEMENT AND INTERNAL CONTROL

- The Management Committee ensures internal control systems for financial matters are in place with documented procedures.
 - The Management Committee approves the annual budget and the Treasurer is updated via monthly reports of expenditure.
 - Internal control policies and management review controls are practiced to ensure compliance and key controls are reviewed regularly to ensure its effectiveness.
 - The financial records have been properly maintained and the financial statements give a true and fair view of Bethesda Care Services' operations and finances.
- In the Financial Year 2022/2023, Bethesda Care Services did not provide loans to any persons, establishments or related parties.

RESERVE POLICY

Bethesda Care Services' Reserve Policy is to maintain a reserve of not less than 6 months of operating costs. This is to protect the interests of the beneficiaries in the event of a dip in donations. The amount of reserve will be regularly reviewed by the Management Committee.

INVESTMENT GUIDELINES

Bethesda Care Services adopts a conservative stance towards investing of Bethesda Care Services' reserves. In the Financial Year 2022/2023, reserves set aside for investment were placed in fixed deposits.

CONDUCT OF FUND-RAISING ACTIVITIES

1. Donor's intent with regards to funds received (donations) made for specific or identified designated purposes are strictly observed. Funds in designated accounts will be used for the sole intention of which the designated funds had been established. Any change of use of such funds will only be administered after attaining the consent of the donor who had stipulated the original intention of that donated sum.
2. Bethesda Care Services maintains a high level of confidentiality with respect to donor information. Donors' name or other details will not be published in any corporate collaterals or publications unless there is a partnership agreement between Bethesda Care Services and the donor.
3. Donations collected are properly recorded on the IPC Link System (IRAS), Bethesda Care Services' accounting system, and promptly deposited by Bethesda Care Services.
4. The total fund-raising expenses of Bethesda Care Services did not exceed 30% of the total receipts from fund-raising and sponsorships for the Financial Year 2022/2023.
5. Bethesda Care Services did not engage the services of commercial fund-raisers in Financial Year 2022/2023.

MANPOWER STATUS

As of 31 March 2023, BCS had a team of 56 staff comprising of 45 full-time staff and 11 part-time staff (including 1 temporary staff) for FY2022/2023.

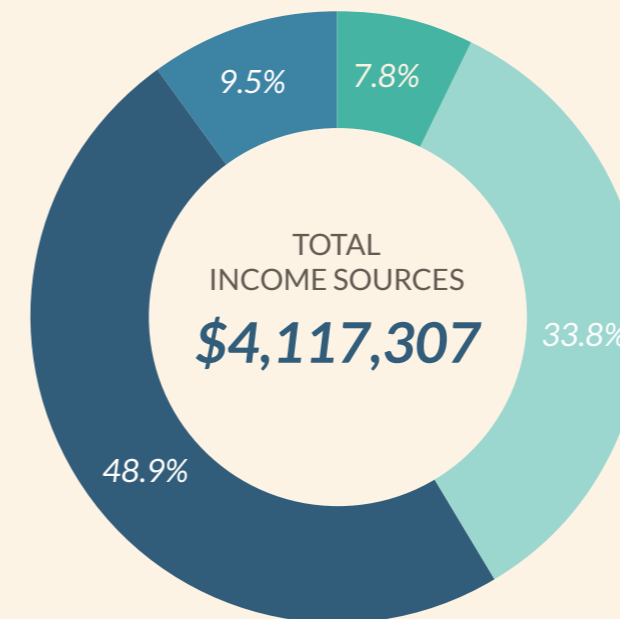
PURPOSES OF ORGANISATIONAL ASSETS

In November 2022, the old ceiling boards in SCC's inner and outer hall was replaced as part of the renovation works to refresh the halls.

In June 2022, 3 laptops personal computers were purchased as replacement for obsolescent equipment for staff use in operational needs.

REVIEW OF FINANCIAL STATUS

BCS receives 33.78 % of its annual funding from government grants and relies more on its own program fees and donations received to meet the rest of its financial needs. In FY2022/2023, BCS received income totalling \$4,117,307.



INCOME SOURCES

Program Fees	\$389,190
Government Funding	\$1,390,954
Donations	\$2,014,210
Other Income*	\$322,953
Total	\$4,117,307

*Other Income refers to funding from supplementary government subsidies to defray organisation employment cost (e.g. IRAS - Senior Employment Credit, Progressive Wage Credit Scheme (PWCS), Jobs Growth Incentive), as well as other miscellaneous sources of income (e.g. interest earned from Fixed Deposit).

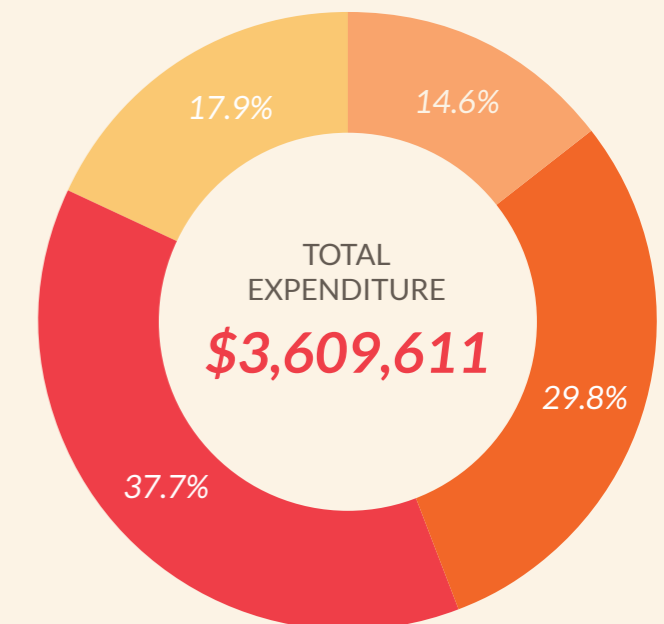
There was a 12% increase in donations compared to previous FY in part due to stronger donations in the BCS Cares and AWIFC campaign months.

DISTRIBUTION OF EXPENDITURE

Children	\$527,543
Family & Youths	\$1,075,073
Elderly	\$1,361,309
Admin	\$645,686
Total	\$3,609,611

Direct Charitable Expenses - Include program staff cost and cost of providing services and running programs for clients.

Indirect Charitable Expenses - comprising of: operations/administration cost, which includes printing, stationery, transport, telecommunications, IT expenses, professional fees and administrative staff cost.



BREAKDOWN OF CHARITY DOLLAR

For FY2022/2023, out of every \$1.00 spent, 82¢ went directly to fund programs and activities that benefit our clients.

BETHESDA CARE SERVICES
FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED
31 MARCH 2023

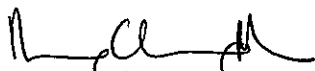
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BETHESDA CARE SERVICES
(Registered with Registry of Societies, Singapore)

STATEMENT BY THE MANAGEMENT COMMITTEE

On behalf of the Management Committee, we, Dr. Peng Chung Mien and Li Jinghui, Ray, being the Chairman and Honorary Treasurer of Bethesda Care Services (the "Society") respectively, do hereby state that in our opinion, the financial statements set out on pages 5 to 19 are properly drawn up in accordance with the Societies Act 1966, the Charities Act 1994 and other relevant regulations and Financial Reporting Standards in Singapore so as to present fairly, in all material respects, the financial position of the Society as at 31 March 2023 and the financial performance, changes in accumulated fund and cash flows of the Society for the financial year ended on that date.



Dr. Peng Chung Mien
Chairman

26 JUN 2023



Li Jinghui, Ray
Honorary Treasurer

**INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF
BETHESDA CARE SERVICES**

(Registered with Registry of Societies, Singapore)

Report on the Audit of the Financial Statements***Opinion***

We have audited the accompanying financial statements of Bethesda Care Services (the "Society") as set out on pages 5 to 19, which comprise the balance sheet as at 31 March 2023, and the statement of comprehensive income, statement of changes in accumulated fund and statement of cash flows for the financial year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements are properly drawn up in accordance with the Societies Act 1966 (the "Societies Act"), the Charities Act 1994 and other relevant regulations (the "Charities Act and Regulations") and Financial Reporting Standards in Singapore ("FRSs") so as to present fairly, in all material respects, the financial position of the Society as at 31 March 2023 and the financial performance, changes in accumulated fund and cash flows of the Society for the financial year ended on that date.

Basis for Opinion

We conducted our audit in accordance with Singapore Standards on Auditing ("SSAs"). Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of the Society in accordance with the Accounting and Corporate Regulatory Authority ("ACRA") *Code of Professional Conduct and Ethics for Public Accountants and Accounting Entities* ("ACRA Code") together with the ethical requirements that are relevant to our audit of the financial statements in Singapore, and we have fulfilled our other ethical responsibilities in accordance with these requirements and the ACRA Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Other Information

The Management Committee is responsible for the other information. The other information comprises the Statement by the Management Committee as set out on page 1 and the information included in the Annual Report but does not include the financial statements and our auditor's report thereon.

Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

**INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF
BETHESDA CARE SERVICES (cont'd)**

(Registered with Registry of Societies, Singapore)

Report on the Audit of the Financial Statements (cont'd)

Responsibilities of the Management Committee and Those Charged with Governance for the Financial Statements

The Management Committee is responsible for the preparation and fair presentation of these financial statements in accordance with the Societies Act, Charities Act and Regulations and FRSS, and for such internal control as the Management Committee determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, Management Committee is responsible for assessing the Society's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless Management Committee either intends to liquidate the Society or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Society's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with SSAs will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with SSAs, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Society's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by Management Committee.

**INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF
BETHESDA CARE SERVICES (cont'd)**

(Registered with Registry of Societies, Singapore)

Report on the Audit of the Financial Statements (cont'd)

Auditor's Responsibilities for the Audit of the Financial Statements (cont'd)

- Conclude on the appropriateness of Management Committee's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Society's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Society to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Report on Other Legal and Regulatory Requirements

In our opinion, the accounting and other records required to be kept by the Society have been properly kept in accordance with the Societies Act and the Charities Act and Regulations.

During the course of our audit, nothing has come to our attention that causes us to believe that during the financial year:

- a) the use of the donation moneys was not in accordance with the objectives of the Society as required under regulation 11 of the Charities (Institutions of a Public Character) Regulations; and
- b) the Society has not complied with the requirements of regulation 15 (Fund-raising expenses) of the Charities (Institutions of a Public Character) Regulations.



Baker Tilly TFW LLP
Public Accountants and
Chartered Accountants
Singapore

26 June 2023

BETHESDA CARE SERVICES
(Registered with Registry of Societies, Singapore)

STATEMENT OF COMPREHENSIVE INCOME
For the financial year ended 31 March 2023

	Note	2023 \$	(Restated) 2022 \$
Income			
Donations	3	2,014,210	1,787,656
Program fees		389,190	410,510
Government funding		629,896	672,470
Government grants	4	761,058	391,829
Interest from fixed deposits		65,556	19,270
Other income		257,397	186,615
		4,117,307	3,468,350
Less expenditure			
Depreciation of property, plant and equipment	6	79,661	94,902
Program expenses		865,239	630,439
Staff costs	5	2,583,712	2,250,033
Other expenses		80,999	70,254
		3,609,611	3,045,628
Surplus and total comprehensive income for the financial year		507,696	422,722

The accompanying notes form an integral part of these financial statements.

BETHESDA CARE SERVICES
(Registered with Registry of Societies, Singapore)

BALANCE SHEET
At 31 March 2023

	Note	2023 \$	(Restated) 2022 \$
Non-current asset			
Property, plant and equipment	6	126,013	190,344
		<hr/>	<hr/>
Current assets			
Sundry receivables	7	323,429	465,546
Fixed deposits	8	4,916,130	3,800,000
Cash and bank balances		1,038,350	1,213,542
		<hr/>	<hr/>
Total current assets		6,277,909	5,479,088
		<hr/>	<hr/>
Total assets		6,403,922	5,669,432
		<hr/>	<hr/>
Non-current liabilities			
Community Silver Trust Grant	9	314,573	55,606
Community Silver Trust deferred capital grant	10	558	1,115
Care And Share Matching deferred capital grant	11	6,576	45,101
		<hr/>	<hr/>
Total non-current liabilities		321,707	101,822
		<hr/>	<hr/>
Current liabilities			
Accrued operating expenses		64,031	58,675
Deposits - student care	12	26,705	25,152
		<hr/>	<hr/>
Total current liabilities		90,736	83,827
		<hr/>	<hr/>
Total liabilities		412,443	185,649
		<hr/>	<hr/>
Net assets		5,991,479	5,483,783
		<hr/>	<hr/>
Accumulated fund		5,991,479	5,483,783
		<hr/>	<hr/>

The accompanying notes form an integral part of these financial statements.

BETHESDA CARE SERVICES

**STATEMENT OF CHANGES IN ACCUMULATED FUND
For the financial year ended 31 March 2023**

	\$
2023	
Balance at 31 March 2022, as previously stated	5,336,233
Prior year adjustment (Note 15)	147,550
	<hr/>
Balance at 31 March 2022, as restated	5,483,783
Surplus and total comprehensive income for the financial year	507,696
	<hr/>
Balance at 31 March 2023	5,991,479
	<hr/>
2022	
Balance at 1 April 2021	5,061,061
Surplus and total comprehensive income for the financial year	422,722
	<hr/>
Balance at 31 March 2022, as restated	5,483,783
	<hr/>

The accompanying notes form an integral part of these financial statements.

BETHESDA CARE SERVICES
(Registered with Registry of Societies, Singapore)

STATEMENT OF CASH FLOWS
For the financial year ended 31 March 2023

	2023 \$	(Restated) 2022 \$
Cash flows from operating activities		
Surplus for the financial year	507,696	422,722
Adjustments for:		
Amortisation of deferred capital grants	(39,082)	(57,049)
Depreciation of property, plant and equipment	79,661	94,902
Interest income	(65,556)	(19,270)
Gain on disposal of property, plant and equipment	–	(5,000)
	<hr/>	<hr/>
Operating cash flows before movements in working capital	482,719	436,305
Receivables	196,095	147,538
Payables	265,876	(149,123)
	<hr/>	<hr/>
Cash generated from operations	944,690	434,720
Interest received	11,578	19,270
	<hr/>	<hr/>
Net cash generated from operating activities	956,268	453,990
	<hr/>	<hr/>
Cash flows from investing activities		
Purchases of property, plant and equipment	(15,330)	(164,863)
Proceed from disposal of property, plant and equipment	–	5,000
	<hr/>	<hr/>
Net cash used in investing activities	(15,330)	(159,863)
	<hr/>	<hr/>
Net increase in cash and cash equivalents	940,938	294,127
Cash and cash equivalents at beginning of financial year	5,013,542	4,719,415
	<hr/>	<hr/>
Cash and cash equivalents at end of financial year	5,954,480	5,013,542
	<hr/>	<hr/>
Cash and cash equivalents comprise:		
Fixed deposits	4,916,130	3,800,000
Bank and cash balances	1,038,350	1,213,542
	<hr/>	<hr/>
	5,954,480	5,013,542
	<hr/>	<hr/>

The accompanying notes form an integral part of these financial statements.

BETHESDA CARE SERVICES
(Registered with Registry of Societies, Singapore)

NOTES TO THE FINANCIAL STATEMENTS
For the financial year ended 31 March 2023

These notes form an integral part of and should be read in conjunction with the accompanying financial statements.

1 General information

The Society is registered under the Societies Act 1966 and is domiciled in Singapore.

The principal activities of the Society are to initiate, assist and organise activities and schemes of social service for the alleviation of poverty, suffering, ignorance or ill-health through the allowance of assistance, education, training services or counselling.

The Society is a registered Charity under Charities Act 1994 since 1997. The Society is an Institute of Public Character (“IPC”) since 1 October 2008.

The Society’s registered address and principal place of activities is at 300 Bedok North Avenue 3, Singapore 469717.

2 Significant accounting policies

a) Basis of accounting

The financial statements, expressed in Singapore dollar (“\$”), which is the Society’s functional currency, have been prepared in accordance with the Societies Act 1966, the Charities Act 1994 and other relevant regulations and Financial Reporting Standards in Singapore (“FRSs”). The financial statements have been prepared under the historical cost convention except as disclosed in the accounting policies below.

The preparation of financial statements in conformity with FRSs requires the use of estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the financial year. Although these estimates are based on management’s best knowledge of current events and actions, historical experiences and various other factors that are believed to be reasonable under the circumstances, actual results may ultimately differ from those estimates.

Use of estimates and judgements

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods. There were no significant judgments and estimates made during the financial year.

The carrying amounts of cash and cash equivalents, sundry receivables and payables approximate their respective fair values due to the relatively short-term maturity of these financial instruments.

New and revised standards that are adopted

In the current financial year, the Society has adopted all the new and revised FRSs and Interpretations of FRSs (“INT FRSs”) that are relevant to its operations and effective for the financial year. The adoption of these new and revised FRSs and INT FRSs has no material effect on the financial statements.

2 Significant accounting policies (cont'd)

a) Basis of accounting (cont'd)

New and revised standards not yet effective

New standards, amendments to standards and interpretations that have been issued at the reporting date but are not yet effective for the financial year ended 31 March 2023 have not been applied in preparing these financial statements. None of these are expected to have a significant effect on the financial statements of the Society.

b) Property, plant and equipment

Property, plant and equipment are stated at cost less accumulated depreciation and any impairment in value. Depreciation is calculated on a straight-line basis to write off the assets over their estimated useful lives.

The estimated useful lives of property, plant and equipment are as follows:

	No. of years
Furniture and fittings	5
Computers	5
Motor vehicles	5
Renovation	5

The residual values, estimated useful lives and depreciation method of property, plant and equipment are reviewed, and adjusted as appropriate, at each balance sheet date. The effects of any revision are recognised in income and expenditure when the changes arise.

On disposal of a property, plant and equipment, the difference between the net disposal proceeds and its carrying amount is taken to income and expenditure.

Fully depreciated property, plant and equipment are retained in the financial statements until they are no longer in use.

c) Financial assets

Recognition and derecognition

Regular purchases and sales of financial assets are recognised on trade date - the date on which the Society commits to purchase or sell the asset. Financial assets are derecognised when the rights to receive cash flows from the financial assets have expired or have been transferred and the Society has transferred substantially all risks and rewards of ownership.

Financial assets are initially measured at fair value. Transaction costs that are directly attributable to the acquisition of financial assets (other than financial assets at fair value through income and expenditure) are added to the fair value of the financial assets on initial recognition. Transaction costs directly attributable to acquisition of financial assets at fair value through income and expenditure are recognised immediately in income and expenditure.

Classification and measurement

All financial assets are subsequently measured in their entirety at either amortised cost or fair value, depending on the classification of the financial assets.

The Society classifies its financial assets at amortised cost. The classification is based on the Society's business model for managing the financial asset and the contractual cash flow characteristics of the financial assets.

2 Significant accounting policies (cont'd)

c) Financial assets (cont'd)

Classification and measurement (cont'd)

The Society reclassifies debt instruments when and only when its business model for managing those assets changes.

Subsequent measurement

Debt instruments include fixed deposits, bank and cash balances and sundry receivables (excluding prepayments and grant receivable). These are subsequently measured at amortised cost based on the Society's business model for managing the asset and cash flow characteristics of the asset.

The Society measures financial assets at amortised cost if both of the following conditions are met:

- The financial asset is held within a business model with the objective to hold financial assets in order to collect contractual cash flows; and
- The contractual terms of the financial asset give rise on specific dates to cash flows that are solely payments of principal and interest on the principal amount outstanding.

Financial assets at amortised cost are subsequently measured using the effective interest rate ("EIR") method and are subject to impairment. Gains and losses are recognised in income and expenditure when the asset is derecognised, modified or impaired. Interest income from these financial assets is included in interest income using the EIR method.

Impairment

The Society recognises an allowance for expected credit losses ("ECLs") for financial assets carried at amortised cost. ECLs are based on the difference between the contractual cash flows due in accordance with the contract and all the cash flows that the Society expects to receive, discounted at an approximation of the original effective interest rate.

The impairment methodology applied depends on whether there has been a significant increase in credit risk. For credit exposures for which there has not been a significant increase in credit risk since initial recognition, ECLs are provided for credit losses that result from default events that are possible within the next 12-months (a "12-month ECL"). For those credit exposures for which there has been a significant increase in credit risk since initial recognition, a loss allowance is required for credit losses expected over the remaining life of the exposure, irrespective of the timing of the default (a "lifetime ECL").

If the Society has measured the loss allowance for a financial asset at an amount equal to lifetime ECL in the previous reporting period, but determines at the current reporting date that the conditions for lifetime ECL are no longer met, the Society measures the loss allowance at an amount equal to 12-month ECL at the current reporting date.

The Society recognises an impairment gain or loss in income and expenditure for all financial assets with a corresponding adjustment to their carrying amount through a loss allowance account.

d) Financial liabilities

Financial liabilities include accrued operating expenses and deposits received from student care which are initially measured at fair value, and are subsequently measured at amortised cost, using the effective interest method.

A financial liability is derecognised when the obligation under the liability is extinguished. Gains and losses are recognised in income and expenditure when the liabilities are derecognised as well as through the amortisation process.

2 Significant accounting policies (cont'd)

e) Provisions

Provisions are recognised when the Society has a present obligation as a result of a past event, and it is probable that the Society will be required to settle that obligation. Provisions are measured at the directors' best estimate of the expenditure required to settle the obligation at the balance sheet date, and are discounted to the present value where the effect is material.

f) Funds

Unless specifically indicated, fund balances are not represented by any specific accounts, but are represented by all assets of the Society.

g) Income recognition

Donations income

Donations are recognised on a cash basis and are recognised as income as and when received.

Program fees

Program fees includes revenue from rendering of services including childcare services, providing food and services to elderly in need and two-way transportation for elders to their medical appointment.

Revenue from services rendered is recognised as a performance obligation satisfied over time. Program fees revenue is recognised over the duration of the programmes and in the period in which the service is provided, having regard to the stage of completion of the service. Unearned income relating to the service to be rendered in future periods are included in deferred income.

Interest income

Interest from fixed deposits is recognised on time-proportion basis, by reference to the principal outstanding and at the interest rate applicable.

h) Impairment of non-financial assets

Non-financial assets are reviewed for impairment at each balance sheet date or whenever events or changes in circumstances indicate that the carrying amount of an asset may not be recoverable. Whenever the carrying amount of an asset exceeds its recoverable amount, an impairment loss is recognised in the income and expenditure.

Reversal of impairment losses recognised in prior years is recorded when there is an indication that the impairment losses recognised for the asset no longer exist or have decreased. The reversal is recorded in income. However, the increased carrying amount of an asset due to a reversal of an impairment loss is recognised to the extent it does not exceed the carrying amount that would have been determined (net of amortisation or depreciation) had no impairment loss been recognised for that asset in prior years.

i) Employee benefits

Defined contribution plans

Defined contribution plans are post-employment benefit plans under which the Company pays fixed contributions into separate entities such as the Central Provident Fund, and will have no legal or constructive obligation to pay further contributions once the contributions have been paid. Contributions to defined contribution plans are recognised as an expense in the period in which the related service is performed.

2 Significant accounting policies (cont'd)**j) Taxation**

The Society is exempted from income tax under the provisions of the Income Tax Act.

k) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and with banks and fixed deposits. Cash equivalents are short-term that are readily convertible to known amounts of cash and that are subject to insignificant risk of changes in value.

l) Government grants

Government grants are recognised at their fair value where there is reasonable assurance that the grant will be received and all attaching conditions will be complied with. Where the grant relates to an asset, the fair value is recognised as deferred capital grant on the balance sheet and is amortised to income and expenditure over the expected useful life of the relevant asset by equal annual instalments.

When the grant relates to an expense item, it is recognised in income and expenditure over the period necessary to match them on a systematic basis to the costs that it is intended to compensate.

3 Donations

	2023 \$	2022 \$
Tax-deductible donations	1,946,284	1,746,453
Non-tax deductible donations	67,926	41,203
	2,014,210	1,787,656

4 Governments grants

	2023 \$	2022 \$
Care and Share Grant	38,525	67,445
Community Silver Trust Grant	256,889	71,806
Enhanced Fund Raising Grant	343,326	252,578
Senior Worker Early Adopter Grant	65,000	-
Part-Time Re-Employment Grant	32,500	-
Work-Study Diploma Grant	9,000	-
Active Citizen Grant	10,943	-
WeCare Arts Fund Grant	4,875	-
	761,058	391,829

5 Staff costs

	2023 \$	2022 \$
<i>Program</i>		
Salaries and bonus	1,708,635	1,521,855
CPF	264,418	230,037
Others	66,284	31,238
	<u>2,039,337</u>	<u>1,783,130</u>
 <i>Administrative</i>		
Salaries and bonus	453,028	398,904
CPF	64,767	58,021
Others	26,580	9,978
	<u>544,375</u>	<u>466,903</u>
	<u>2,583,712</u>	<u>2,250,333</u>

Included above is an amount of \$483,758 (2022: \$379,878) paid to key management personnel.

6 Property, plant and equipment

	Furniture and fittings \$	Computers \$	Motor vehicles \$	Renovation \$	Total \$
2023					
Cost					
At 1 April 2022	310,259	157,455	192,891	93,436	754,041
Additions	–	4,821	–	10,509	15,330
Disposal	(1,699)	–	–	–	(1,699)
	<u>308,560</u>	<u>162,276</u>	<u>192,891</u>	<u>103,945</u>	<u>767,672</u>
At 31 March 2023					
 Accumulated depreciation					
At 1 April 2022	274,336	120,351	89,980	79,030	563,697
Depreciation charge	10,885	26,543	25,728	16,505	79,661
Disposal	(1,699)	–	–	–	(1,699)
	<u>283,522</u>	<u>146,894</u>	<u>115,708</u>	<u>95,535</u>	<u>641,659</u>
At 31 March 2023					
 Net carrying amount					
At 31 March 2023	<u>25,038</u>	<u>15,382</u>	<u>77,183</u>	<u>8,410</u>	<u>126,013</u>

6 Property, plant and equipment (cont'd)

	Furniture and fittings \$	Computers \$	Motor vehicles \$	Renovation \$	Total \$
2022					
Cost					
At 1 April 2021	277,412	169,647	125,140	93,436	665,635
Additions	32,847	3,377	128,639	–	164,863
Disposal	–	–	(60,888)	–	(60,888)
Adjustment	–	(15,569)	–	–	(15,569)
At 31 March 2022	310,259	157,455	192,891	93,436	754,041
Accumulated depreciation					
At 1 April 2021	246,655	96,828	125,140	64,174	532,797
Depreciation charge	27,681	26,637	25,728	14,856	94,902
Disposal	–	–	(60,888)	–	(60,888)
Adjustment	–	(3,114)	–	–	(3,114)
At 31 March 2022	274,336	120,351	89,980	79,030	563,697
Net carrying amount					
At 31 March 2022	35,923	37,104	102,911	14,406	190,344

7 Sundry receivables

	2023 \$	(Restated) 2022 \$
Other receivables	301,090	296,530
Grant receivables	–	147,550
Prepayments	22,339	21,466
	323,429	465,546

8 Fixed deposits

Fixed deposits are placed with the banks and mature within 1 to 10 months (2022: 3 to 10 months) after balance sheet date.

9 Community Silver Trust Grant

Details of Community Silver Trust Grant are as follows:

	2023 \$	2022 \$
Balance at beginning of the financial year	55,606	125,353
Community Silver Trust – Matching Grant receipts	515,299	–
Expenditure	(256,332)	(69,747)
	<hr/>	<hr/>
Balance at end of the financial year	314,573	55,606
	<hr/>	<hr/>

The following shows the amount of donations received during the financial year for eligible programme under Community Silver Trust Funding.

	2023 \$	2022 \$
<i>Elderly Services Centre</i>		
Tax deductible donations	432,304	95,804
Non-tax deductible donations	6,840	4,650
	<hr/>	<hr/>
	439,144	100,454
	<hr/>	<hr/>

The Community Silver Trust is a donation matching grant from the Government aimed at enhancing and expanding the Intermediate and Long-Term Care (“ILTC”) services in Singapore.

The Government will provide a matching grant of one dollar for every donation dollar raised by eligible organisations for ILTC services (i.e. 1:1 matching grant).

10 Community Silver Trust deferred capital grant

	2023 \$	2022 \$
<i>Grant - related to assets</i>		
Balance at beginning of the financial year	1,115	3,174
Grant amortised during the financial year	(557)	(2,059)
	<hr/>	<hr/>
Balance at end of the financial year	558	1,115
	<hr/>	<hr/>

The grant was given to fund the purchase of property, plant and equipment for the Elderly Services Centre of the Society. The grant will be amortised over the useful lives of the property, plant and equipment.

11 Care And Share Matching deferred capital grant

	2023 \$	2022 \$
<i>Grant - related to assets</i>		
Balance at beginning of the financial year	45,101	112,546
Grant amortised during the financial year	(38,525)	(54,990)
Adjustment	–	(12,455)
	<hr/>	<hr/>
Balance at end of the financial year	6,576	45,101
	<hr/>	<hr/>

The grant was given to fund the purchase of property, plant and equipment for social service sector of the Society. The grant will be amortised over the useful lives of the property, plant and equipment.

12 Deposits - student care

Deposits are paid by each student who attends the student care and are refundable when a student withdraws from the student care.

13 Financial instruments**a) Categories of financial instruments**

Financial instruments at their carrying amounts as at balance sheet date are as follows:

	2023 \$	2022 \$
<i>Financial assets</i>		
Financial assets at amortised cost	6,255,570	5,310,072
	<hr/>	<hr/>
<i>Financial liabilities</i>		
Financial liabilities at amortised cost	90,736	83,827
	<hr/>	<hr/>

b) Financial risk management

The Society's activities expose it to minimal financial risks and overall risk management is determined and carried out by the Management Committee.

Foreign exchange risk

The Society transacts mainly in its functional currency and as such its exposure to foreign exchange risk is minimal.

13 Financial instruments (cont'd)

b) Financial risk management (cont'd)

Credit risk

Credit risk is the risk of loss that may arise on outstanding financial instruments should a counterparty default on its obligations. The Society's exposure to credit risk arises primarily from cash and cash equivalents and other receivables. For financial assets, including cash and cash equivalents, the Society minimises credit risk by dealing exclusively with high credit rating counterparties.

The Society does not have any significant concentration of credit risk exposure. The maximum exposure to credit risk is represented by the carrying value of each class of financial assets recognised on the balance sheet. Credit risk exposure in relation to financial assets at amortised costs as at 31 March 2023 and at 31 March 2022 is insignificant, and accordingly no credit loss allowance is recognised as at 31 March 2023 and at 31 March 2022. There are no financial assets that are past due and/or impaired.

Interest rate risk

Interest rate risk is the risk that the fair value of future cash flows of the Society's financial instruments will fluctuate because of changes in market interest rates.

The Society is not exposed to significant interest rate risk.

Liquidity and cash flow risk

The Management Committee exercises prudent liquidity and cash flow risk management policies and aims at maintaining an adequate level of liquidity and cash flow at all times.

The Society's financial liabilities at the balance sheet are all due within 1 year after balance sheet date and approximate contractual undiscounted payments.

c) Fair values of financial instruments

The carrying amounts of the financial assets and liabilities recorded in the financial statements of the Society approximate their fair values due to their relatively short-term maturity.

14 Fund management

The Society's objectives when managing its funds are to safeguard and to maintain adequate working capital to continue as going concern and to develop its principal activities over the longer term through significant support in the form of donations, government grants and funding, and program fees. The fund of the Society consists of accumulated fund. No changes were made in the objectives, policies or processes during the financial years ended 31 March 2023 and 31 March 2022.

15 Prior year adjustment

A prior year adjustment has been made to correct an understatement of government funding amounting to \$147,550 for the financial year ended 31 March 2022.

As a result, certain line items have been restated on the statement of comprehensive income, balance sheet and statement of cash flows for the previous financial year ended 31 March 2022. The items were adjusted as follows:

	As previously reported 2022 \$	Amount adjusted 2022 \$	As restated 2022 \$
<i>Statement of Comprehensive Income</i>			
Government funding	524,920	147,550	672,470
<hr/>			
<i>Balance Sheet</i>			
Sundry receivables	317,996	147,550	465,546
Accumulated fund	5,336,233	147,550	5,483,783
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<i>Statement of Cash Flows</i>			
<i>Cash flows from operating activities</i>			
Surplus for the financial year	275,172	147,550	422,722
Operating cash flows before movements in working capital			
- Receivables	295,088	(147,550)	147,538
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The prior year adjustment did not have any effect on the balance sheet as at 1 April 2022, therefore no third balance sheet is presented.

16 Authorisation of financial statements

The financial statements of the Society for the financial year ended 31 March 2023 were authorised for issue in accordance with a resolution of the Management Committee dated 26 June 2023.