

Helping the vulnerable
in our community

THRIVE

Bethesda Care Services FY 21/22 Full Report

CHAIRMAN'S MESSAGE

With steadfast support from all our partners, donors and volunteers, Bethesda Care Services continues to serve the community in yet another challenging year. True to our values, we are not content with just providing short term help, but empowering families and individuals develop resilience to thrive in spite of adverse times.

Spurred by the onset of the Covid-19 pandemic, many of our services took on a hybrid model of engagement in the previous year. Despite the evolving landscape of the pandemic, we were well positioned to not just continue our support of the vulnerable in the community via existing services but also to tailor new initiatives to combat issues that were exacerbated by the pandemic.

In the battle against the effects of social isolation for seniors, we launched the [Exercise Buddy](#) program where our trained staff conducted weekly home visits to guide the seniors in a series of tailored home exercises. These seniors have shown marked improvements in mobility and confidence.

With mental wellness as a nationwide concern, our social workers designed a new [Mighty Minds Workshop](#), to help children cultivate a growth mind set and be resilient in the face of challenges. Critical topics such as identity and positive thought patterns were also introduced through interactive games and age-appropriate activities.

There were also new highs as well as collaborations amidst rising needs of the community.

Our Elderly services team persevered and hit a record high number of 162 Medical Escort & Transport (MET) trips in March 2022. Over the course of the past 5 years, both our number of [MET trips and the meals delivered by the team has doubled](#).

For the first time ever, MILK (Mainly I Love Kids) scholarship has been [extended to students from ITE College East](#) with our excITE and Family Services staff helping to facilitate and engage the selected youths.

Special thanks goes out to all our donors, volunteers and also our program partners such as [Credit Suisse](#), [The Social Co.](#), and [CGH Community Nursing](#). Thank you for serving the community together with us, not just helping those in need, but empowering them with skills and encouraging them to hope and dream.

We invite you to find out more about our new initiatives, collaborations, impact figures and stories in this Annual Report. We also hope that you would continue to join us as we enable the vulnerable in our community to thrive.

DR PENG CHUNG MIEN
Chairman, Bethesda Care Services



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OUR MISSION

To enhance the well-being of families and individuals by delivering quality and professional social services

OUR AIMS

- Supports the unity and nurturing functions of families
- Instils values through the provision of relevant and integrated social services
- Empowers families and individuals with skills to meet life's challenges
- Strives to enhance service effectiveness through staff development

IMPACT FIGURES

2616

TOTAL BENEFICIARIES
SERVED AND OUTREACHED



440

senior clients served by our Elderly Services (MOW & MET)



741

families and individuals assisted through Family Services



100

students enrolled in our Student Care Centre with 2 students with special needs



more than

900

students reached through activities, programs & workshops at excITE @ College East



more than

\$199,250

worth of assistance disbursed to 741 Family Services beneficiaries



435

participants engaged through our Active Ageing Program

CALENDAR OF EVENTS

*non-exhaustive list of events
Featuring Major BCS Events, Collaborations & New Initiatives

2021

APR
- SEP

Student Councillors Leadership
Training Program @ ITE
5 sessions | **Youth Inspired**

9 APR

UpRock Dance Program at
Springfield Secondary School
Elevate the Streets

MAY

Mother's Day Collaboration
200 beneficiaries
Humming Flowers & Gifts

MAY

Hari Raya Festive Pack for Seniors
1st distribution of the FY
282 beneficiaries | **The Social Co.**

MAY 2021
- MAR 2022

Virtual Health Talks for Seniors
14 virtual sessions
CGH Community Nurse Post

MAY
- SEPT

Youth For Causes Project 2021
\$6,445 raised

22 - 24
JUN

Digital Literacy Workshop @ SCC
Republic Polytechnic

JUN 2021
- JAN 2022

#THRIVE Campaign
~\$389,306 raised

JUL

Mind Workout for Seniors
NEW INITIATIVE

19 AUG

Partners' Appreciation Night
COLOURS - Family Services

SEP

Dream Big Start Small Holiday Blessing
206 beneficiaries
Bethesda (Bedok-Tampines) Kindergarten

2 SEP

Exercise Buddy for Seniors
NEW INITIATIVE

11 OCT

New Van becomes operational
Lee Foundation

OCT
- DEC

Credit Suisse excITE Mentoring Program
4 virtual sessions
Credit Suisse, Youth Inspired

NOV
- DEC

#AllIWantForChristmas Campaign
~\$75,385 raised

3 NOV

Partners' Appreciation Night
YOU LIGHT UP OUR LIVES
Elderly Services

19 NOV

Bursary Award Ceremony
319 beneficiaries
\$121,150 disbursed

DEC 2021
- MAR 2022

Breaking Space (Dance Mentorship)
11 sessions per small group
Elevate the Streets

DEC

Mighty Minds Workshop @ SCC
NEW INITIATIVE 4 sessions

11 DEC

Airforce 1 Customisation Workshop
Footlocker

18 DEC

Mitra Famosa Community Blessing
200 beneficiaries

22 DEC

Partners' Appreciation Night
THEME - Sunshine Club SCC

2022

11 JAN

BCS Internal Staff Training **NEW INITIATIVE**
Suicide Risk Assessment & Response

13 JAN

BCS Internal Staff Training **NEW INITIATIVE**
Family Violence Response

26 JAN

CNY Craft Session with Seniors
Victoria Junior College

8 FEB

MILK Scholarship Ceremony @ ITE
45 beneficiaries | \$22,500 disbursed
Mainly I Love Kids

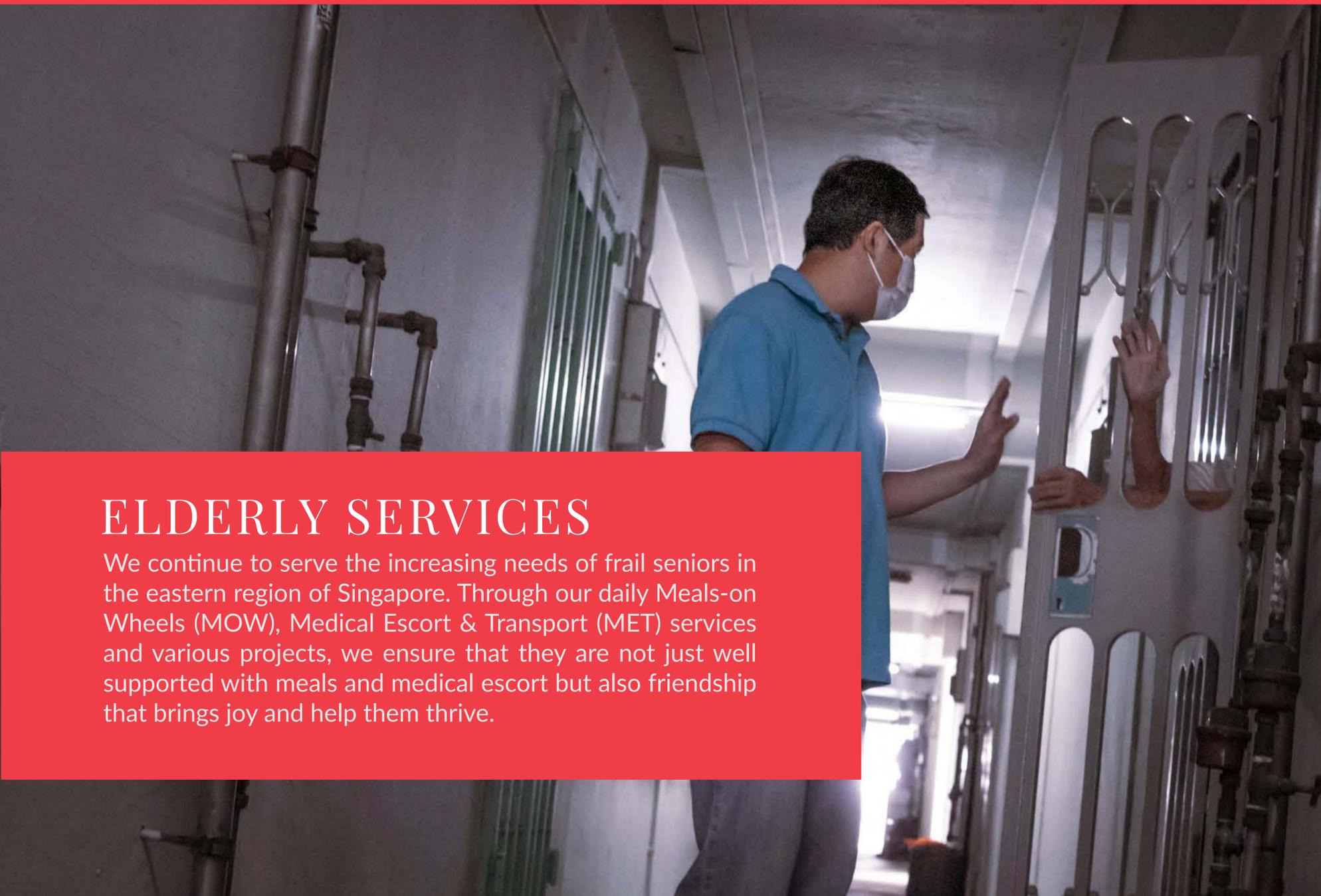
MAR

Therapeutic Art Workshop @ ITE
NEW INITIATIVE 2 sessions

10 MAR

Partners' Appreciation Night
TOGETHER WE CAN
Corporate Partners & excITE

OUR WORKS

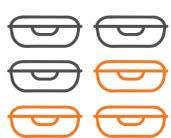


ELDERLY SERVICES

We continue to serve the increasing needs of frail seniors in the eastern region of Singapore. Through our daily Meals-on-Wheels (MOW), Medical Escort & Transport (MET) services and various projects, we ensure that they are not just well supported with meals and medical escort but also friendship that brings joy and help them thrive.

Our in-house kitchen reopened in September 2021 to provide nutritious and delicious food suitable for our seniors. We also launched our new initiative Exercise Buddy in the same month.

Through the [#AllIWantForChristmas 2021](#) fundraising campaign and our collaborations with [The Social Co.](#) as well as Boys Brigade, we were able to fulfil the Christmas wishes of many of our seniors. It was extremely rewarding to see the wide smiles on the seniors' faces when they received the items.



95%
increase in meals
delivery over the
past 5 years

7087 meals delivered in Dec 2021
versus 3628 meals in Dec 2017



128%
increase in MET
trips over the
past 5 years

162 MET trips made in Mar 2022
versus 71 trips in Aug 2017



271
seniors on our
Meals-on-Wheels
delivery service



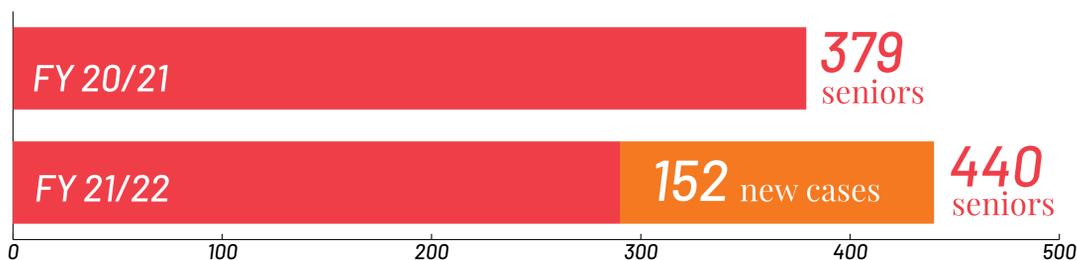
260
seniors on our
Medical Escort and
Transport service



more than
\$23,000
worth of festive packs
distributed to seniors



11 OCTOBER 2021
Our new van
became operational
| Sponsored by
Lee Foundation



Total no. of seniors we served with MOW and / or MET

FESTIVE PACKS

Throughout this FY, different donors came together to bless the seniors with festive packs of practical household items and food to bring them cheer in the midst of depressing Covid-19 restrictions. It warmed the seniors' hearts.

Our corporate partner The Social Co. (TSC) contributed to a majority of these festive packs for seniors.



more than
\$23,000
worth of festive packs
distributed to seniors

Total no. of
festive packs **1,557**

CORPORATE PARTNERSHIP WITH
THE SOCIAL CO.

Festive Occasions

282 packs	Hari Raya Puasa (TSC)	<i>Shop by The Social Co. (TSC)</i>		~\$11370
360 packs	Mid-Autumn Festival (COPE)	<i>COPE funds from SECDC</i>		~\$2246
300 packs	Deepavali (TSC)	<i>Fook Meng & friends</i>		\$3500
300 packs	Christmas (TSC)	<i>Other donors</i>		\$1500
315 packs	Chinese New Year (mix)	<i>BCS top up</i>		\$4450

On top of the figures shown below, the children from Bethesda (Bedok-Tampines) Kindergarten also gave 206 festive packs to our seniors for their [Dream Big Start Small](#) project.



Min Fang, BCS Elderly Services staff, guiding a senior through a series of home exercises to help improve lower limb strength and balance.

EXERCISE BUDDY

NEW INITIATIVE - FIGHTING FRAILTY

The Exercise Buddy project is currently anchored by 3 BCS staff who have been trained by Coach Alvin from Empower Ageing to facilitate these home exercises. Our staff visit the seniors every week. We hope that as the endemic landscape improves, we will be able to involve more volunteers in this project. Launched in September 2021, there were 22 seniors involved in this program for the FY.



“

The exercise at home program has helped me to be able to walk more steadily. I feel my legs are stronger and I can walk a longer distance without stopping. I used to need to make stops while walking from my bedroom to the toilet in the kitchen. Now I can walk to the toilet without needing to stop to rest.

Aunty Lee Kim Lian, 66 years old
Participant in our Exercise Buddy initiative

ACTIVE AGEING PROGRAM

The pandemic has continued to place constraints on our Active Ageing Program in the last financial year. Although the resumption of on-site activities in April 2022 was relatively short-lived, our team of volunteers and staff were adept at shifting and adapting activities to the digital platform. Together with our partners we continue to engage the seniors.

ON-SITE PROGRAMS*

Mobile Active Ageing (weekly) (24 sessions)

Zumba Gold (weekly) (20 sessions)

Line Dance (weekly) (16 sessions)

Rummy-O (weekly) (8 sessions)

Zumba Gold (weekly) (11 sessions)

Line Dance (weekly) (16 sessions)

*Bingo (weekly) (5 sessions) **NEW INITIATIVE***

1-to-1 Nurse Consultation (fortnightly) (12 sessions)



435

participants engaged through our Active Ageing Program



86

hours of exercise workouts, health talks & classes held online



116

hours of onsite programs for seniors

**Most programs were conducted between April to September 2021 before the surge in Covid-19 cases*

MIND WORKOUT PROGRAM

NEW INITIATIVE - MENTAL & PHYSICAL FITNESS

As part of our efforts to engage seniors better and keep them from falling into inactivity or isolation during the pandemic, our staff and volunteers went for the HAPPY program training organized by AIC. The principles behind [HAPPY program](#) were applied to the new Mind Workout Program which was conducted on-site and later on, via Zoom, when the pandemic constraints kicked in.

Photos of Mind Workout Program below. From left to right:

Volunteer Patrick and his wife, Geraldine at the HAPPY Program Training by AIC

Patrick and our program staff, Shushan, working on a technical test run to troubleshoot issues with audio equipment.

Volunteers Geraldine, Rose and Karen helping to engage seniors via Zoom.



VIRTUAL PROGRAMS

English Class (weekly) (6 on-site, 18 virtual sessions)

Virtual Zumba Gold (weekly) (33 sessions)

Culinary Class (monthly) (11 sessions)

Mind Workout Program (4 on-site, 6 virtual sessions) **NEW INITIATIVE**

Virtual Health Talks (14 sessions) by CGH Community Nursing Post

Virtual Health Talks (2 sessions) by Goodlife!@Bedok

CNY Craft session with Seniors (1 session) by Victoria Junior College students

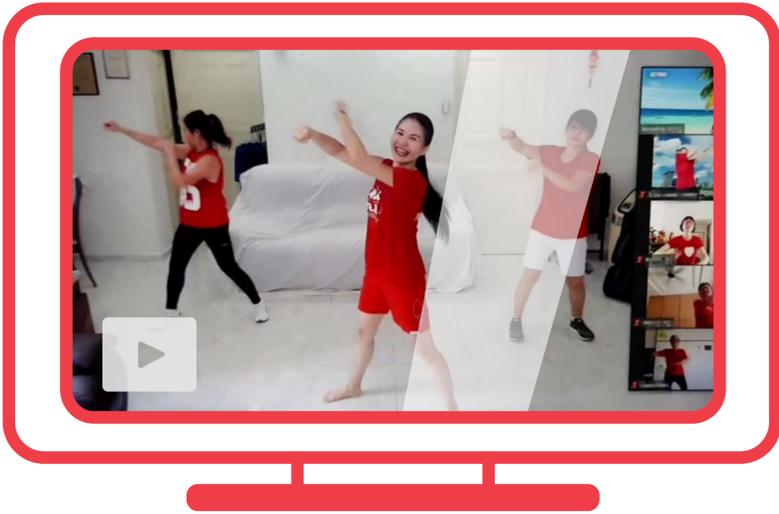
Topics covered during Virtual Health Talks by CGH Community Nursing Post

- Management of Urinary Incontinence
- All About Osteoporosis
- Stress Management
- Chest Pain
- First Aid At Home
- Healthy Heart
- All About Stroke

CORPORATE PARTNERSHIP WITH
CGH COMMUNITY NURSING POST



- Healthy Shopper
- Breast Cancer Awareness
- How To Use The ART Kit
- Caring For Your Feet
- Taking Care Of Your Bladder And Bowel



We are encouraged to receive positive feedback from seniors with regards to the online activities and even see them express affection and appreciation for our instructors.

Screenshot of Volunteer Instructor Audrey conducting Virtual Zumba Gold for our seniors during National Day 2021



“ I enjoy Audrey’s virtual Zumba workout very much. I perspire a lot, and it improves my blood circulation. I have neck and shoulder pain, and after the workouts I feel so much better. Audrey and her mom are an awesome mother and daughter team. They inspire me to stay strong and healthy.

Anne Ng Sock Bee, 74 years old
Virtual Zumba Gold participant

“ I have really benefitted from the Zumba Gold exercises. My muscles are so much stronger now. I can climb the stairs and also carry heavy groceries, but most important, I can also sleep very well in the night.”

Hedy Ho Noo Tub, 73 years old
Virtual Zumba Gold participant

OUR WORKS



EXCITE @ COLLEGE EAST

The very challenges brought about by the pandemic, also brought us opportunities to be creative in how we engage the students. Despite the rapid changes and uncertainty of the year, we managed to engage more than 900 students. Through the numerous small group sessions that we had with the youths, we were able to provide focused support for their emotional wellbeing. Deeper relationships were forged.

This year, we were able to not just help the youths to thrive, but had the privilege of extending our care and support to their families as well. We were encouraged to witness growth and transformation in the youths and continue to encourage them to build resilient habits and healthy values.



more than
900
students reached through
weekly outreach,
activities, programs
and workshops



\$6,445
raised through
#MakeItCount



\$22,500
disbursed to 45 students
(ITE-MILK Scholarship)

“

excITE has rolled out many types of leadership programs. I find the content easy to understand and apply in life. It has been fun and enriching being part of excITE. I have grown to be more appreciative of others and learnt to be more sensitive in communication with my peers and others.

Tay Jie Hui Julia
School of Business & Services
Higher Nitec in International Logistics
Student Councillors Leadership Training Program

YOUTH FOR CAUSES PROJECT 2021

MAY TO SEPTEMBER 2021

Four driven and passionate students joined us for [this year's Youth for Causes project](#). Team Youthlings chose to raise funds in support of excITE's efforts in reaching out and helping students and families who were negatively affected by the pandemic.

Team Youthling's digital fundraising efforts included setting up a website, social media profile as well as a video campaign to showcase real-life youths and the difficulties they faced due to the pandemic. The team successfully raised \$14,490*.

Bethesda Care Services is grateful to partner Team Youthlings, and we are thankful for their hard work and dedication.

\$6,445

raised through
#MakeItCount

\$14,490

*raised after factoring
\$1,600 YMCA seed funding
and EFR dollar matching



Team Youthlings

Elsa	Team Lead
David	Volunteer Management
Valerie	Publicity and marketing
Lucia	Web design and video producer

“

With much guidance from the excITE staff, the team has gain a valuable experience in project management. Throughout the project, we picked up new skills such as web design, videography services and also developed a sense of pride for serving a community.

Valerie Yeo En Qi
School of Business & Services
Higher Nitec in Event Management

2021

PROGRAMS & ACTIVITIES

APR
- SEP

Student Councillors Leadership Training Program @ ITE, Year 1
5 sessions | **Youth Inspired**

- Servanthood Leadership 101
- Character, Competence & Culture
- Service Learning
- Personal Leadership
- Building Meaningful Relationship (virtual)

30 APR

Follow up cum Lunch with Care Grant Students

MAY

Mother's Day Distribution of gifts from Humming Flowers & Gifts

MAY
- JUNE

Zoom Movie Night, Zoom Workout & Small Group Meet Up (Outdoor)

MAY
- SEP

Youth For Causes Project 2021
\$6,445 raised

20 AUG
& 22 OCT

Resilience & Bonding Program
NEW INITIATIVE 2 sessions

A minority exists in ITE College East, that are struggling to cope financially and emotionally.



“ The recent rise in Covid-19 cases makes me worried. Will my part-time job be affected? Will my dad lose his job again? ”

23 year old studying Nitec in Community Care & Social Services



“ I'm quite worried because I'm doing internship at a nursing home. It will affect my future and my studies as well. ”

18 year old studying Nitec in Community Care & Social Services

MILK SCHOLARSHIP WITH ITE COLLEGE EAST

NEW INITIATIVE

In 22 September 2021, Mainly I Love Kids (MILK) signed a new Memorandum of Understanding (MOU) with Bethesda Care Services and ITE College East, in a tripartite effort to help deserving students who face financial challenges succeed in school.

With such an objective in mind, the MILK-ITE scholarship was birthed.

Two tranches of \$500 would be given to students who meet the criteria of being active and helpful in class, showing resilience and determination despite their extenuating circumstances.

The first batch of students were selected based on recommendations from their class advisors and screened through an interview. 45 scholars were eventually selected to receive the inaugural scholarship, and we are regularly following up with them to provide support to help them achieve success, both in character development and in academic pursuits.



\$22,500
disbursed to
45 students

PARTNERS' APPRECIATION NIGHT TOGETHER WE CAN

BCS CORPORATE PARTNERS & EXCITE VOLUNTEERS

As safety measures relaxed, we were pleased to finally meet some of our partners in person again and enjoy this hybrid event together. Parcels were delivered to Zoom participants beforehand so that all can enjoy the origami and postcard writing activity together.

A [photo montage](#) of the past two years was screened as well as the [parcel delivery process cum words of encouragements](#) to one another. We sincerely thank all our partners for making time to attend the Partners' Appreciation Night 2022.

We were exceptionally delighted and honored to have Mr Tan Kiat How, Minister of State, MP East Coast GRC and Ms Cheryl Chan, Member of Parliament, East Coast GRC join us that night.

Special thanks goes to [TheDanCam Productions](#) for providing the technical support and equipment needed to host and live stream the event.

OCT
- DEC

Credit Suisse Mentoring Program
4 virtual sessions
Credit Suisse, Youth Inspired

CORPORATE PARTNERSHIP WITH
CREDIT SUISSE

15 DEC

MILK Scholarship Interviews
Mainly I Love Kids



7 DEC

#AllIWantForChristmas
Home Visit & Hampers Distribution

2022

8 FEB

MILK Scholarship Ceremony @ ITE
45 beneficiaries | \$22,500 disbursed
Mainly I Love Kids

NEW INITIATIVE

10 MAR

Partners' Appreciation Night
TOGETHER WE CAN
Corporate Partners & excITE



3 & 24 MAR

Therapeutic Art Workshop I & II
NEW INITIATIVE

23 & 30 MAR

Student Councillors Leadership
Training Program @ ITE, Year 2
2 sessions | **Youth Inspired**

OUR WORKS



FAMILY SERVICES

We continue to serve the community, especially those affected by the Covid-19 pandemic. We help families and individuals with financial as well as emotional needs. This year, there was significant increase in counselling cases with emotional issues.



In light of Singapore's growing mental health concerns, we initiated life skill program Mighty Minds and also conducted more small group social activities to build mental resilience in children and youth.



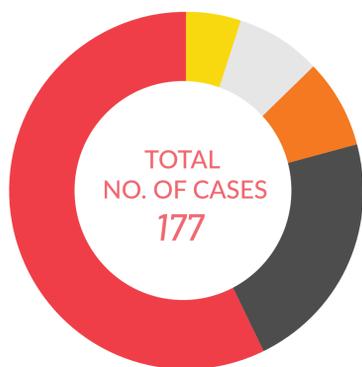
741
families and individuals
assisted through
Family Services



177
families and individuals
assisted through our **Casework
and Counselling Services**



more than
\$199,250
worth of assistance
disbursed to
741 beneficiaries



COUNSELLING CASE TYPES [%]



- 57% *Financial Assistance*
- 22% *Emotional*
- 8% *Family + Marital*
- 8% *Behavioral*
- 5% *Others*



ASSISTANCE DISBURSED

- \$121,150 *Bursary awards*
- \$31,457.22* *MILK scholarship program*
- \$21,466.99 *Assistance to Needy*
- \$5,700 *BCS Care Grant*
- \$5,288.25 *Food rations programm*
- \$4,224.15 *AIWFC 2021*
- \$10,000 *Mitra Famosa Community Blessing*

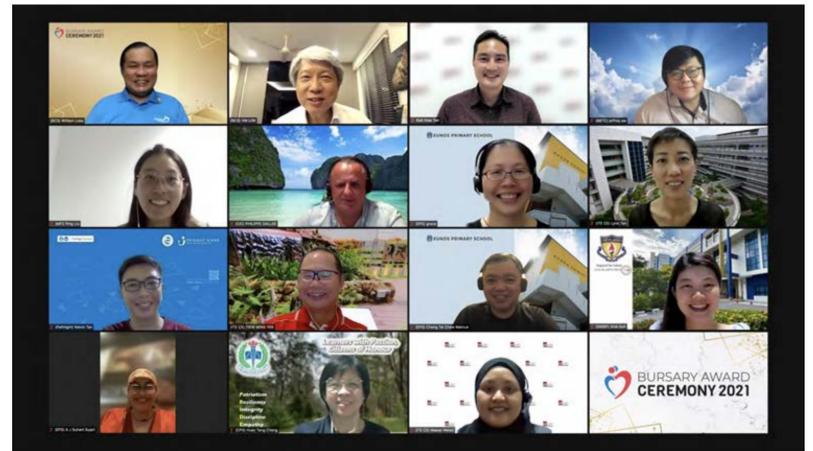
**This figure includes the MILK scholarship assistance disbursed to Family department beneficiaries as well as ITE College East students.*

BURSARY AWARD CEREMONY

19 NOVEMBER 2021 | HELD ONLINE

Our annual [BCS Bursary Award Ceremony](#) was successfully held on 19 November 2021. A total of \$121,150 was awarded to 319 students, comprising a mix of primary, secondary and ITE college students. We were honoured to have Mr Tan Kiat How, Minister of State, Member of Parliament of East Coast GRC, grace our virtual award ceremony. Representatives from Phillips 66 International Trading Pte Ltd, Crédit Industriel et Commercial (CIC) and Mitra Famosa International joined us as well. Indeed, we are thankful for their steadfast support and contributions to this year's bursaries.

Screenshot of VIPs who joined us for Bursary Award Ceremony on 19 November 2021.

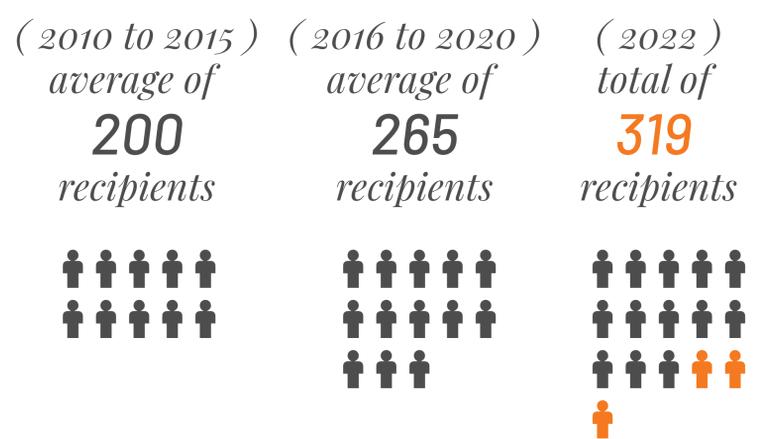


\$121,150
worth of bursaries
disbursed to
319 students

Bursary Sponsors

- \$35,000 *CIC bank*
- \$12,000 *Phillips 66*
- \$5,000 *Mitra Famosa*

Impacting more youths each year: ~ 20 pax



“

Thank you for the appreciation night. It was really touching - and the gifts and the videos were all super motivating. Must not have been easy doing this. Looking forward to future projects together with BCS, even in this pandemic.

Michael Ng
Volunteer from Elevate the Streets (ETS)

PARTNERS' APPRECIATION NIGHT

19 AUGUST 2021 | ON-SITE | 17 PARTICIPANTS

Partners' Appreciation Night (PAN) was themed COLOURS - a celebration of the colourful variety of talents our volunteers and partners had used to bless our clients. The program kicked off with a video, depicting the significant milestones which BCS Family Services had gone through since 2020 circuit breaker. Following the milestone video, a quiz and two more videos were screened showcasing appreciation words from our staff and beneficiaries. Grab food vouchers and colourful rainbow cakes were also given out at the end of the event.

“

Thank you for your unwavering support to help the less fortunate families in Singapore, like myself. We truly appreciate every single assistance rendered to us.

Zalina | Mother of 7 children
Beneficiary on Food Rations program

*Quote from appreciation video screened during PAN



This new workshop was designed to build up the mental resilience of students in view of the many stressors which they face nowadays.

MIGHTY MINDS

**NEW INITIATIVE - MENTAL RESILIENCE WORKSHOP
7 TO 15 DECEMBER 2021 | 4 SESSIONS (1.5HR EACH)**

Mighty Minds workshop was conducted in December for 23 Sunshine Club students by 2 social workers from the Family Services. Topics included identifying one's uniqueness, developing a growth mind set, practising positive self-talk, self-regulation exercises and more. The lessons were kept engaging through videos, experiential exercises and various activities.

16 MARCH 2022 | 1 RECAP SESSION (1.5HR)

A total of 14 students attended the refresher session. The students had a group quiz, exercises, sharing time as well as a list of Mighty Mind challenges to complete after the session. These challenges included tasks like recycling materials, helping parents to do household chores, craft work etc. Many students achieved more than they imagined. They were later on rewarded with key chains, stationery, bubble tea, and other items, for completing their Mighty Minds challenges.

23
students
aged 9-10

2
social
workers

5
sessions
in total
1.5 hr each

Growth Mind Set
Positive Self-talk
Self-regulation Exercises



Brain Neuron Model (recycling project) made by the students. One of the many Might Mind Challenges posed to the students on 16 March 2022

“

It helped me to have a growth mindset. For example, trying something that I am not comfortable or trying food that I do not think I will like.

Estelle, Primary 4 student
Mighty Minds Workshop (Dec 2021)

“

The workshop taught me that I am unique. Example is when someone says that I am ugly, I will tell myself that I am unique and that person doesn't need to bother about my appearance.

Xin Ru, Primary 4 student
Mighty Minds Workshop (Dec 2021)

YOUTHSPACE

YouthSpace has adjusted its operations to cope with the Covid-19 endemic season, maintaining its online engagement while progressively increasing its on-site activities and programs. For example, Weekly Drop-In Timings have shifted to Daily Drop-In Timings to introduce more flexibility in engaging youths while maintaining safe Covid-19 measures.



722
youths engagements through various workshops and activities



61
youth engagements over 11 cycling sessions (once a month)

UPROCK WITH SPRINGFIELD SECONDARY SCHOOL

9 APRIL 2021 | 39 STUDENTS | HALF DAY SESSION

10 volunteers from Elevate the Streets (ETS) ran a dance workshop for the students in Springfield Secondary School. It was an intensive half a day session where students learnt life skills intentionally integrated in dance education. We received positive feedback from the teachers in the school.



Volunteer Siew Yen teaching students a dance move

“

My colleagues were very impressed and pleased with the engagement with the students yesterday and how satisfied they all were. Initially I heard some of the students say they couldn't do those moves, but I was pleasantly surprised when the students picked it up on their first or second attempt.

I think that these are the moments we educators live for and I'm glad to see it happening in all the groups. UpRock has definitely set a high bar for the remaining programs we plan to carry out.

Jenson, Educational Support Staff
Springfield Secondary School

2021 2022 PROGRAMS & ACTIVITIES

- 9 APR *UpRock with Springfield Sec Sch*
Elevate the Streets
- 11 DEC *Airforce 1 Customisation Workshop*
NEW INITIATIVE **Footlocker**
- DEC 2021 - MAR 2022 *Breaking Space*
4-months Dance Mentorship
11 sessions | **Elevate the Streets**
- FEB 2022 *ITE-MILK Scholarship*
Collaboration with **excITE**
- 30 & 31 MAR 2022 *YouthSpace Community Blessing*
Distribution of Dates for Ramadan

AIRFORCE 1 CUSTOMISATION WORKSHOP WITH FOOTLOCKER

11 DECEMBER 2021 | 11 BURSARY YOUTHS

On 11 December, 11 youths whom we got to know through this year's Bursary Awards attended the Airforce 1 shoe customisation workshop. The venue, artist's fees, and shoes were fully sponsored and provided by Footlocker. Our youths had a delightful time learning from customisation artist Sarah as she taught them how to plan for and draft designs for their Airforce 1 shoes. Sarah donated her artist fees which was provided by Footlocker back to BCS YouthSpace. We are indeed so grateful to both [@footlockersingaporeofficial](#) and Sarah ([@laiensarah](#)) for their generosity and bringing joy to the youths.



“ I feel that it is very important to enrich the youths nowadays, it was definitely a fruitful experience to engage them and encourage them to be creative.

YOUR SETTING DOES NOT DEFINE WHO YOU ARE.

It is you yourself who can make it through the future. Ask for help when you need it, sometimes people are more willing to give than to receive. Be brave, bold and do your best!

Sarah Lai En, Founder and Designer @play_hood
Artist at the Airforce 1 Customisation Workshop

BREAKING SPACE | 4-MONTHS DANCE MENTORSHIP

DECEMBER 2021 TO MARCH 2022

11 MENTEES AND MENTORS, 11 MENTORING SESSIONS

This year we had our second run of Breaking Space. The dance mentoring program consisted of 11 mentoring sessions over a period of 4 months. The mentors and mentees met up weekly in small groups of 3-4pax. Venue was supported by SportsCares while YouthSpace met up with the mentors and supported them with trainings on holding space, facilitating closure and journeying with the youths. We are grateful to the volunteers from Elevate the Streets for their commitment and sharing our passion in reaching out to touch the lives of youths.

“ I am motivated to be as kind as them. I will try to volunteer at other homes when I'm older

**Kathy, 14 years old,
staying at a Temporary Shelter
(Pseudo name used to protect client)*

“ I've learnt to slow down and just have a good time listening. This translates to my other relationships as well. It's a very valuable take away that I've received in return.

Wesley Ng
Volunteer Dance Mentor from ETS

OUR WORKS



STUDENT CARE SERVICES

Despite the challenges brought about by the pandemic, our team in SCC adapted to the frequent changes in safety measures and managed to conduct meaningful activities for the students while providing support to the families we serve. Many engagements were carried out virtually by volunteers, with the on-site support of the SCC staff. In late 2021, with the emergence of the Omicron variant, the team did their very best to ensure the health and wellbeing of the students despite the ever-rising number of cases in our nation.

This year, we conducted a rebranding exercise for Sunshine Club. The objective was to clearly communicate the focus and purpose of our Student Care Centre and also refresh the design of Sunshine Club's tee shirt.

OUR PURPOSE

To be fun and safe haven where children can explore, learn, develop good character and form lasting relationships.

THE YEAR AHEAD

Moving forward, SCC will be focusing on a set of 12 Character traits as part of our 6-year curriculum. Each character trait will be introduced and emphasized on a half-yearly basis as the overarching theme for our day-to-day program. Character teaching will be conducted during the school holidays. These character traits and teaching are based on a set of materials from "Character First Education".



100

students enrolled in our Student Care Centre with 2 students with special needs



Sunshine Club

SCC's new logo | At the centre of our new SCC logo is a heart representing compassion at the core of Sunshine Club. It is our hope that every child at SCC, with their unique personalities and talents, will develop a heart of compassion and good character values. They will in turn become confident individuals bringing hope and joy to others.

DIGITAL LITERACY WORKSHOP

22 TO 24 JUNE 2021 | PRIMARY 3 TO 6 STUDENTS
1 SESSION PER STUDENT LEVEL (P5 & P6 COMBINED)

Students from Republic Polytechnic held a Digital Literacy Workshop for the Primary 3 to 6 students over Zoom, focusing on the topic of Cyberbullying. Through games, storytelling and craft work, the students learnt what cyberbullying is, and what they can do when they or their friends encounter cyberbullying. The session ended with a quiz to wrap up the learning for the students.

VIRTUAL VOLUNTEERS' APPRECIATION DAY

22 DECEMBER 2021 | 4PM - 5PM

12 volunteers attended the virtual event. The volunteers were treated to an array of performances broadcasted live by the students from the Primary 1 to 3 classes, and the SCC senior class even prepared a video montage for the volunteers. As an appreciation to the volunteers, the students also made customized pens with the volunteer's name on it to give to the volunteers.

“

I am so touched and truly blessed by the performance of all the children and Sunshine Club staff who made this Volunteers' Appreciation Day a celebrated day for me and all the other volunteers too. I am so blessed by the excellent video by the children. It was exceptional and wonderful.

Thank you for giving me the privilege to volunteer at SCC and to be a blessing to the children. It brings me such great joy!

Volunteer Anne
Befriender cum tutor for the past 2 years

2021

PROGRAMS & ACTIVITIES

22 - 24
JUNE

Digital Literacy Workshop
P3 to P6 students
3 sessions | Republic Polytechnic

22 NOV

Dr Dynamite
Online Escape Room game
P3 to P6 students
Singapore Youth For Christ

7-15
DEC

Mighty Minds Workshop
P3 and P4 students
4 sessions | BCS Family Services

20 DEC

SUTD Upcycling Program
P3 and P4 students
Virtual session | Singapore
University of Technology & Design

22 DEC

Virtual Volunteers' Appreciation Day
SCC - Sunshine Club



30 DEC

2022 P1 Parents Orientation



Customized pen with names prepared by the students for our volunteers

2022

16 MAR

Mighty Minds Workshop Follow-up
P4 and P5 students
1 sessions | BCS Family Services

FUNDRAISING



Since our inception in 1996, Bethesda Care Services has depended on voluntary donations from individuals and organizations to run our operations and services. With your support, we continue to serve the children, youths, families and elderly in need within our community.

In this second year of the pandemic, we continue to tap on digital platforms like Giving.sg to expand the reach of our fundraising efforts. Two major fundraising campaigns were conducted during this FY. The first being #THRIVE, which launched at the end of June. The second major fundraising campaign #AllIWantForChristmas or AIWFC for short, was launched towards the year end in line with the holiday season of giving.

#THRIVE

29 JUNE 2021 - 31 JAN 2022



AMOUNT RAISED

~\$389,306*

AIWFC

16 NOV 2021 - 31 DEC 2021



AMOUNT RAISED

~\$75,385

*For the #THRIVE campaign, we were able to tap on the dollar-for-dollar matching for online donations raised through our digital platforms with the Enhanced Fund-Raising program. *The amount reflected here is before the EFR dollar matching figures have been applied.*

This is our second year running the #AllIWantForChristmas campaign. This year, the campaign highlighted various practical needs of the vulnerable in our community and how donors can help fulfil these needs.

THE YEAR AHEAD

For the year ahead, the new Enhanced Fund-raising (EFR) terms state that only donations made on approved fundraising platforms such as Giving.sg can qualify for the dollar matching scheme. Therefore, we will continue to press on in our efforts in to maximise our donor's giving by hosting our fundraising campaigns on Giving.sg.

#THRIVE

29 JUNE 2021 - 31 JAN 2022



AMOUNT RAISED

~\$389,306*

#Thrive aims to empower disadvantaged individuals and families to overcome their situations through practical help, counselling and preventive intervention to find self-sustaining solutions to live fulfilled lives. Beyond survival, we want them to thrive.

We featured 3 video testimonials - a [senior](#), a [family](#) and a [youth](#) thriving. They had received help and encouragement from our staff or volunteer.

We were able to tap on the dollar-for-dollar matching for online donations raised through our digital platforms with the Enhanced Fund-Raising program. **The amount reflected above is before the EFR dollar matching figures have been applied.*



Top | Video Testimonial about Dennis & Thomas (youth)

Bottom | Video Testimonial about Befriender Naomi & Mdm Lim (senior)

“

I learned about how to manage my bills and financials. I also try to have more bonding time with my wife and my kids.

Mr Lou, father of 3
Previously a beneficiary of BCS Family Services



“

We have very good memory of the prawning activity organized by Bethesda Care Services. I had never seen my children that happy before. They were smiling, all around us the families were happy too.

Mrs Lou, previously a homemaker, now holds a job
Used to be a beneficiary of BCS Family Services

Mr & Mrs Lou were featured in our #Thrive campaign. They were our Casework & Counselling clients since 2010. Two years ago, they were faring much better both financially and in their relationships. The family is now thriving and independent of our help. They are no longer receiving assistance.

#ALLIWANTFORCHRISTMAS

16 NOV 2021 - 31 DEC 2021



AMOUNT RAISED
~\$75,385

The #AllIWantForChristmas (AIWFC) campaign is about making Christmas others-centred and not me or we-centred. For AIWFC 2021, we highlighted the practical household needs of the low-income families and the homebound seniors.

During the campaign we highlighted the following campaign causes so that people can understand how their donations help bless the needy:

Assistance to Needy
\$15,000

Provide year-round practical assistance to those in need

Adopt the Wishes of our
Needy Seniors **\$2,800**

Help fulfil the wishes of our needy seniors this Christmas

Popular Vouchers for
Students **\$4,000**

Help low-income families with school-going children

Medical Bundle for
Seniors **\$5,000**

Help meet the practical day-to-day medical needs of seniors

Hampers for Low-Income
Families **\$2,250**

Give practical care items to those in need

Total fundraising target: **\$29,050**

We would like to thank all our donors and partners who have supported the campaign and helped us surpass the target and raise a total of \$75,385.20!



“ This is the first time I received a Christmas present. I am very very happy to receive a new wheelchair. Thank you very much to the donor!



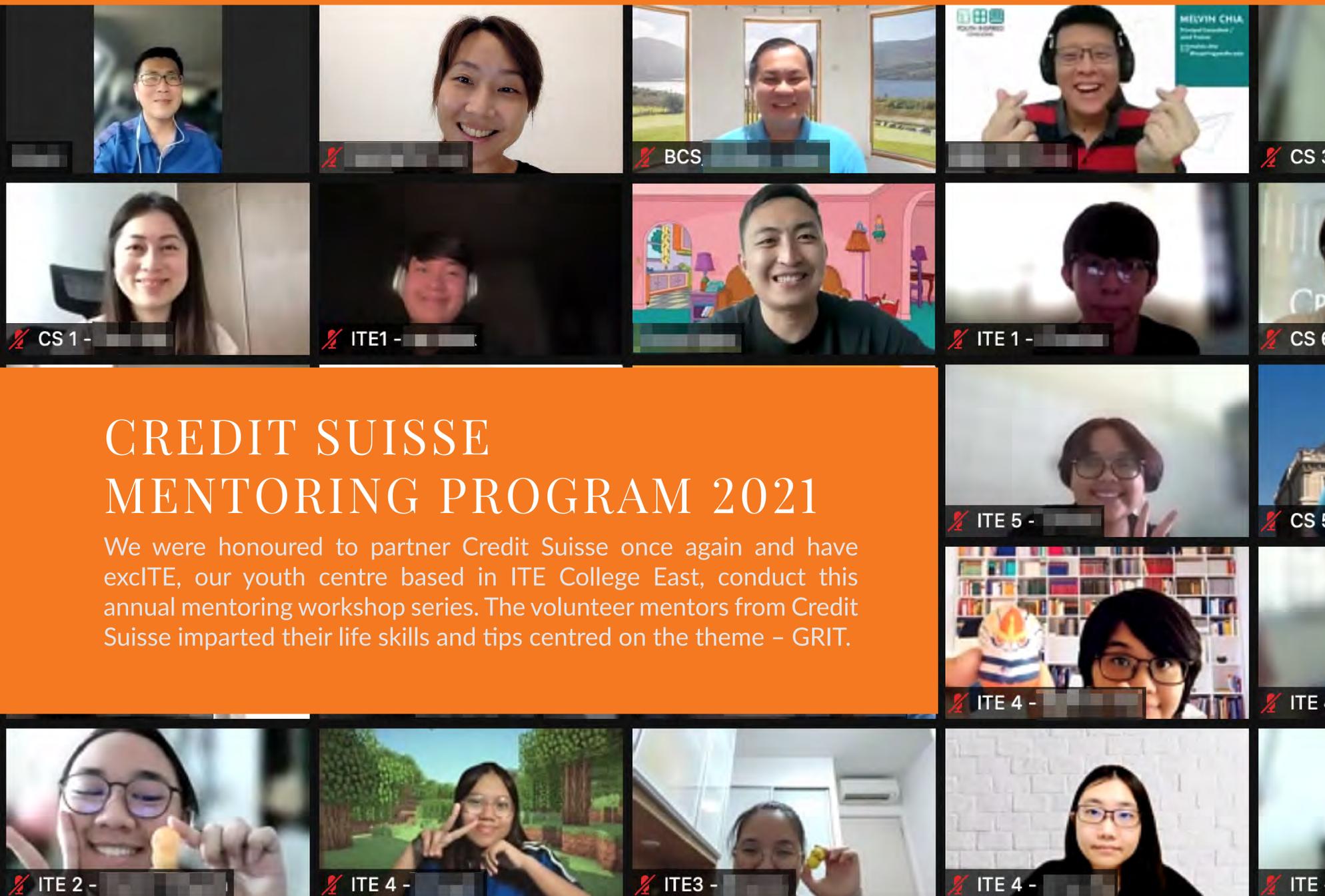
“

I am grateful for the popular vouchers which will help my 2 sons to buy a laptop mouse and exercise books for the new school term. It will help much in cutting down my expenses, especially when prices of goods have increased this year.

Mdm Lim, mother of 2 secondary school children

Mr Low, aged 64, suffers from muscle degenerative disease. His old wheelchair was worn out after daily use. He received a new wheelchair last December through the AIWFC fundraising.

PARTNERSHIPS



CREDIT SUISSE MENTORING PROGRAM 2021

We were honoured to partner Credit Suisse once again and have excITE, our youth centre based in ITE College East, conduct this annual mentoring workshop series. The volunteer mentors from Credit Suisse imparted their life skills and tips centred on the theme – GRIT.

23 OCTOBER TO 4 DECEMBER 2021 | 4 SESSIONS

The workshops were held online. This allowed students from all three ITE colleges as well as new mentors to join us. The theme GRIT was kept the same as the previous year to encourage students to overcome challenges brought about by the pandemic.

This is our 7th year in partnership with Credit Suisse for this mentoring program and we look forward to having the next round of workshops in person.

*Celebrating
7 Years of
Partnership*

“

We are delighted to work in partnership with Bethesda Care Services and ITE to run the Credit Suisse excITE Mentoring program for the last seven years. This has been an extremely rewarding program for us, as the key theme of resilience is something that has benefited not just the students but also enriched our mentors as well.

Desmond Foo
VP, APAC Compliance, Credit Suisse

PARTNERSHIPS



HUMMING FLOWERS & GIFTS

MOTHER'S DAY 2021 DO GOOD AND SHARE THE SUPER LOVE

In celebration of Mother's Day 2021, Humming Flowers & Gifts gave [200 Bird's Nest Gift Packs to our clients](#) who are mothers. Many of our beneficiaries have never received such gifts before and were touched by the blessing. A big thank you to Humming for donating \$20,000 to Bethesda Care Services as well. Your generous support goes a long way into helping the children, youths, families and the elderly in need that we assist within the community.

*Thank you Humming
for your donation!*



\$20,000

*Double the goodness
of Mother's Day*

FOR EVERY MOTHER'S DAY GIFT
PURCHASED FROM HUMMING,
\$50 WILL BE DONATED TO
BETHESDA CARE SERVICES

*CAPPED AT A MAXIMUM OF 400 GIFTS

BROUGHT TO YOU BY:



IN SUPPORT OF:



PARTNERSHIPS



SHOP BY THE SOCIAL CO.

A small gift pack of biscuits and snacks may not seem like much to some, but to our seniors, it represents something to look forward to.

FESTIVE PACKS FOR SENIORS

A YEAR-LONG COLLABORATION

This FY, The Social Co. (TSC) has provided our seniors with over 1197 festive gift packs worth \$11,370 in total. TSC raises funds for these festive packs through [Shop by The Social Co.](#), an online site where donors can purchase items for the needy.



\$11,370
worth of festive packs
raised through SHOP
by The Social Co.

STOCKING STUFFERS FOR SENIORS

PLAY SANTA AND FULFIL THEIR WISHES

Last November, The Social Co. also embarked on a Christmas gifting campaign in collaboration with Bethesda Care Services, as well as other charity partners like Jamiyah, RSVP and Dementia Singapore.

They showcased the wish items of 3 of our seniors. These wishes were adopted by changemakers Wilin Low, Yvon Bock and Nat Ho. The seniors were delighted with the gifts that they received. Due to the rise in no. of Covid-19 cases at the start of 2022, the seniors' meet-up with their respective sponsors was put on hold to minimize social contact and risks.

The cost of the wish items, a television, a mobile phone and a refrigerator for the seniors came up to a total of \$1129.



one TV sponsored by
Nathaniel Ho, media
personality and influencer



one mobile phone
sponsored by
Yvon Bock, CEO &
Founder of Hegen



one refrigerator
sponsored by
Willin Low,
restaurateur and chef,
Flagship restaurant
Wild Rocket



MITRA FAMOSA COMMUNITY BLESSING

This year marks a new partnership with Mitra Famosa International (MFI). Mr Wellington Foo, Managing Director of Mitra Famosa approached us with an interest to help the less privileged in our community.

SPONSORSHIP & DISTRIBUTION OF 200 CARE PACKS TO THE RENTAL BLOCKS

On top of contributing to this year's Bursary Awards, the company [sponsored and helped distribute 200 care packs to the nearby rental blocks.](#)

During the distribution on 18 December 2021, Mr Tan Kiat How, Minister of State, MP East Coast GRC, also joined us and shared a word of encouragement.

We are deeply appreciative of the support shown by Minister Tan as well as Mitra Famosa staff and family members who came to help out at the distribution.



\$5,000

donated to BCS Bursary Awards 2021 to encourage youths to excel despite challenges



\$10,000

worth of Care Packs distributed nearby rental blocks

Contents of each Care Pack
(worth \$50 each)

Hand Soap	Mask (1 box)
Toothpaste x 2	Wet Wipes x 2
Toothbrush x 2	Danish Cookies
Hand Towel	Milo 900g
Hand Cream	



Left: Mitra Famosa Staff helping to carry and distribute Care Packs at a rental block

Right: Staff family members also came down to help in the distribution



CGH COMMUNITY

This FY, we continue to work together with the Changi General Hospital (CGH) Community Nursing team to engage our seniors via virtual health talks and also ensure they are well taken care off through fortnightly 1-to-1 nurse consultations.

VIRTUAL HEALTH TALKS

14 VIRTUAL SESSIONS

The virtual health talks for seniors were conducted by CGH community nurses in partnership with the BCS Active Ageing Program from May 2021 onwards. The nurses shared many practical tips for seniors, including how to perform simple first aid at home, manage chest pain and care for the bladder. There were approximately 50 BCS Active Ageing participants for each session.

1-TO-1 NURSE CONSULTATION

12 SESSIONS | FORTNIGHTLY

General health screenings are provided for seniors at nurse consultations to detect any early signs of illnesses. Seniors with underlying health conditions or who are recovering from operations are sometimes also referred to these sessions to ensure they have a smooth recovery. We are grateful to the CGH Community Nursing Post for making their services available to our seniors.

“

I enjoyed the talk on First Aid at home. It was well articulated and easy to understand. It contained valuable and useful practical tips on how to handle burns, what to put in first aid box, etc. Previously I did not run my hand under the water immediately when I got burnt during cooking and often suffered redness or blisters. I can avoid this from now on.

Siong Kim Ing, 70 years old
Virtual Health Talk participant
"First Aid At Home"

“

I did not know there was such a thing as stress incontinence and the exercise taught to us will be helpful. I will recommend such talks to my friends in future.

Jesudasan Caroline, 73 years old
Virtual Health Talk participant
"Management of Urinary Incontinence"



214
TOTAL VOLUNTEERS
Excluding Group and Corporate Partners

Despite the constraints of the pandemic, many of our regular volunteers have continued to serve alongside our staff. We are deeply appreciative of their commitment and generous gift of time. Without you, many of our services and programs would not be possible.

There were also new volunteers and partnerships formed this year that helped us enrich the services that we provide to beneficiaries. Thank you for helping us to reach out and touch lives!

TOTAL NUMBER OF VOLUNTEERS FOR FY21/22



CORPORATE INFORMATION

The organisation was registered under the Registry of Societies in Singapore on 21 June 1996 and registered as a Charity on 19 April 1997 as Bethesda Care and Counselling Services Centre (BCCSC). On 7 February 2018, our name change to Bethesda Care Services was effected. The organization is a full member of the National Council of Social Service and has an Institution of a Public Character (IPC) status.

Name in Chinese: 恩典之家

ROS Registration Number: ROS 164/96 WEL

Charity Registration Number: 01253

Institution of a Public Character (IPC) Registration Number: IPC 000 227

IPC Sector Administrator: Ministry of Social and Family Development

Unique Entity Number (UEN): S96SS0146D

25TH MANAGEMENT COMMITTEE

The Management Committee sets the direction, decides on our policies, administrative procedures and provides leadership and counsel relating to the management of The Society. The following Committee Members were appointed at The Society's 25th Annual General Meeting on 29 June 2021.

Chairman	Dr Peng Chung Mien
Vice Chairman	Mr Lok Vi Ming
Honorary Treasurer	Mr Wong Chee Boon
Honorary Secretary	Mr Lai Choy Tong
Committee Members	Ms Wong Li Tein (Monica)
	Mr Chua Seng Lee
	Mr Foo Ming-En, Mark
	Mr Peng En Wei
	Mr Eio Wee Hiong, Joseph
	Mr Choo Meng Lien, Cavin

SENIOR MANAGEMENT TEAM

Executive Director	Mr William Loke <i>(Appointed to position since 1 July 2015)</i>
Senior Social Worker <i>Family Services</i>	Ms Kathleen Yee <i>(Appointed on 6 Jan 2020)</i>
Acting Supervisor <i>Elderly Services</i>	Mr William Loke
Supervisor <i>Student Care Services</i>	Mr Chua Jun Ping <i>(Appointed on 1 July 2021)</i>
Program Manager <i>Soul-Care Services - excITE</i>	Ms Michelle Low
Volunteer Manager	Ms Michelle Low <i>(Appointed on 1 July 2020)</i>
Support Operations Manager <i>HR / Admin / Comms</i>	Mr Tu Huai Chieh <i>(Appointed on 1 Jan 2021)</i>

REGISTERED IPC STATUS

Bethesda Care Services' IPC status, renewed under the Ministry of Social and Family Development, is valid from 01/04/2020 to 31/03/2023.

BOARD AND EXECUTIVE MANAGEMENT

1. The governing instrument of Bethesda Care Services is the Constitution. Bethesda Care Services is governed by a Management Committee consisting of voluntary members. The Management Committee members and Office-Bearers are elected at an Annual General Meeting every two years.
2. There are no Management Committee Members (i.e. Board Members) holding staff appointments.
3. The governing instrument does not expressly permit staff to become board members. Hence, the rule of staff not comprising more than one-third of the board is not applicable.
4. Staff do not participate in Board decision-making.
5. No Management Committee Members received any remuneration from Bethesda Care Services during the Financial Year. As such, no Board Member is involved in setting his or her own remuneration.
6. The governing instrument sets out the Board's Composition, Appointment Process, Objectives and Tenure of office bearers.
7. The Honorary Treasurer has a term limit of four consecutive years, as stipulated in the Governing Instrument.
8. There are no staff (employees) who are close members of the family of a Director or the Chief Executive Officer (i.e. Executive Director equivalent).
9. The governing instrument sets out the number of times the board meets and quorum required.
10. The Board regularly reviews Bethesda Care Services' controls, processes, key programs and events through reports and information provided by its Committees, Board Members and the Management.
11. A total of 4 board meetings were held in FY21/22 (this excludes the AGM held on 29 June 2021.) on the following dates: 29 June 2021, 14 September 2021, 14 December 2021 and 8 March 2022.
12. All board members were re-appointed or newly appointed at the AGM held on 29 June 2021.

DISCLOSURE AND TRANSPARENCY

1. Bethesda Care Services makes available to its stakeholders an annual report that includes information on its programs, activities, audited financial statements, Directors and Executive Management.
2. Bethesda Care Services' Assets including the passenger vans listed below are held for the sole purpose of supporting its charitable community programs and activities:
Passenger van plate no. PC1737X
Passenger van plate no. PC9937H

DISCLOSURE REPORT

Details of the Board of Directors including their meeting attendance are as follows:

NAME	POSITION	DATE ASSUMED POSITION	BOARD DIRECTOR SINCE	OCCUPATION	PREVIOUS APPOINTMENT AND TENURE
PENG CHUNG MIEN ●●●●	CHAIRMAN	29 JUNE 2015	8 JAN 1998	CEO	
LOK VI MING ●●●●	VICE-CHAIRMAN	29 JUNE 2015	1 JAN 1997	LEGAL COUNSEL	
LAI CHOY TONG ●●●●	SECRETARY	22 MAR 2016	13 JULY 2013	CHARTERED ACCOUNTANT	Previous Treasurer 13 July 2013 – 22 Mar 2016
WONG CHEE BOON ●●	TREASURER	26 JUNE 2018	26 JUNE 2018	FINANCE DIRECTOR	
WONG LI TEIN (MONICA) ●●●●	MEMBER	13 JULY 2013	13 JULY 2013	ASSISTANT REGISTRAR	
CHUA SENG LEE ●●●	MEMBER	26 JUNE 2018	26 JUNE 2018	DEPUTY SENIOR PASTOR	
FOO MING-EN, MARK ●●●●	MEMBER	8 SEPT 2020	8 SEPT 2020	LEGAL COUNSEL	
PENG EN WEI ●●●	MEMBER	8 SEPT 2020	8 SEPT 2020	SENIOR INTELLIGENCE MANAGER	
EIO WEE HIONG, JOSEPH ●●●●	MEMBER	8 SEPT 2020	8 SEPT 2020	DEPUTY DIRECTOR	
CHOO MENG LIEN CAVIN ●●●●	MEMBER	29 JUNE 2021	29 JUNE 2021	MANAGING DIRECTOR	

- Denotes Board Meeting attendance. There were 4 Board Meetings in FY21/22.

Reason for retaining governing board members who have served for more than 10 consecutive years: MC members have been among the founding members of the charity. They have been key to the foundation, growth and direction of the Charity. It has been difficult to find comparably dedicated people with the key skillsets in the Healthcare and Law sectors for renewal.

STRATEGIC DIRECTION AND PROGRAM MANAGEMENT

1. The Board reviews and approves the vision and mission of Bethesda Care Services through Board and Committee meetings.
2. The Board approves and reviews a strategic plan for Bethesda Care Services to ensure that the activities are in line with its objectives.
3. These are documented and communicated to its members through corporate and management meetings, and to the public through publicity materials such as Bethesda Care Services' website, annual report and community networking.

WHISTLE-BLOWING POLICY

1. Bethesda Care Services' Whistle-blowing policy aims to provide an avenue for employees and external parties to raise concerns and offer reassurance that they will be protected from victimisation for whistle-blowing in good faith.

RESERVE POLICY

1. Bethesda Care Services' Reserve Policy is to maintain a reserve of not less than 6 months of operating costs. This is to protect the interests of the beneficiaries in the event of a dip in donations. The amount of reserve will be regularly reviewed by the Management Committee.

PUBLIC IMAGE

1. Bethesda Care Services accurately portrays its image to its members, donors and the public and has guidelines on how mediums of communication is to be used and how stakeholders are to be engaged.

HUMAN RESOURCE MANAGEMENT

1. Bethesda Care Services employs paid staff.
2. No staff is involved in setting his or her own remuneration.
3. There are HR policies and annual appraisal system.
4. The annual remuneration of key management personnel are classified as follows:

REMUNERATION BAND	FY21/22	FY20/21	FY19/20*
\$S\$100,000 TO \$S\$ 200,000	1	1	1

Key management staff are personnel having authority and responsibility for planning, directing and controlling the activities of Bethesda Care Services, directly or indirectly. Key management staff comprise of the Executive Management Team.

*Annual Report FY19/20 erroneously indicated 1 key management staff in the remuneration band of \$50,001 to \$150,000. The correct remuneration band should be \$S\$100,000 to \$S\$ 200,000.

5. There is no paid staff, being a close member of the family belonging to the Chief Executive Officer (ie. Executive Director equivalent) or members of the Board of Directors of Bethesda Care Services, who has received remuneration exceeding \$50,000 during the financial year.

MANAGEMENT OF CONFLICT OF INTEREST

1. There are documented procedures for Board Members and staff to declare actual or potential conflicts of interests to the Board.
2. Board Members make annual declarations of actual or potential conflicts of interests to the Board.
3. Board Members abstain and do not vote or participate in decision-making on matters where they have a conflict of interest.

FINANCIAL MANAGEMENT AND INTERNAL CONTROL

1. The Board ensures internal control systems for financial matters are in place with documented procedures.
 - i. The Board approves the annual budget and the Treasurer is updated via monthly reports of expenditure.
 - ii. Internal control policies and management review controls are practiced to ensure compliance and key controls are reviewed regularly to ensure its effectiveness.
 - iii. The financial records have been properly maintained and the financial statements give a true and fair view of Bethesda Care Services' operations and finances.
2. In the Financial Year 2021/2022, Bethesda Care Services did not provide loans to any persons, establishments or related parties.

INVESTMENT GUIDELINES

1. Bethesda Care Services adopts a conservative stance towards investing of Bethesda Care Services' reserves. In the Financial Year 2021/2022, reserves set aside for investment were placed in fixed deposits.

CONDUCT OF FUND-RAISING ACTIVITIES

1. Donor's intent with regards to funds received (donations) made for specific or identified designated purposes are strictly observed. Funds in designated accounts will be used for the sole intention of which the designated funds had been established. Any change of use of such funds will only be administered after attaining the consent of the donor who had stipulated the original intention of that donated sum.
2. Bethesda Care Services maintains a high level of confidentiality with respect to donor information. Donors' name or other details will not be published in any corporate collaterals or publications unless there is a partnership agreement between Bethesda Care Services and the donor.
3. Donations collected are properly recorded on the IPC Link System (IRAS), Bethesda Care Services' accounting system, and promptly deposited by Bethesda Care Services.
4. The total fund-raising expenses of Bethesda Care Services did not exceed 30% of the total receipts from fund-raising and sponsorships for the Financial Year 2021/2022.
5. Bethesda Care Services did not engage the services of commercial fund-raisers in Financial Year 2021/2022.

PURPOSES OF ORGANISATIONAL ASSETS

In April 2021, we replaced the existing hot & ambient water boiler because it was in need of an overhaul. The new water dispenser is critical in our daily operations to dispense hot water at our disposal, whenever we need it.

In June 2021, BCS tapped on Tech-and-GO! Funding from NCSS to purchase Sangoma PBXACT Appliance 400-IP Telephony System. With NCSS funding 80% of the solution, BCS was able to improve our remote work capabilities in the midst of the COVID19 pandemic and improve communications capabilities in the organisation with more direct lines.

From September to November 2021, a total of 2 laptops were purchased to provide staff with remote work capabilities and to provide our services via online means.

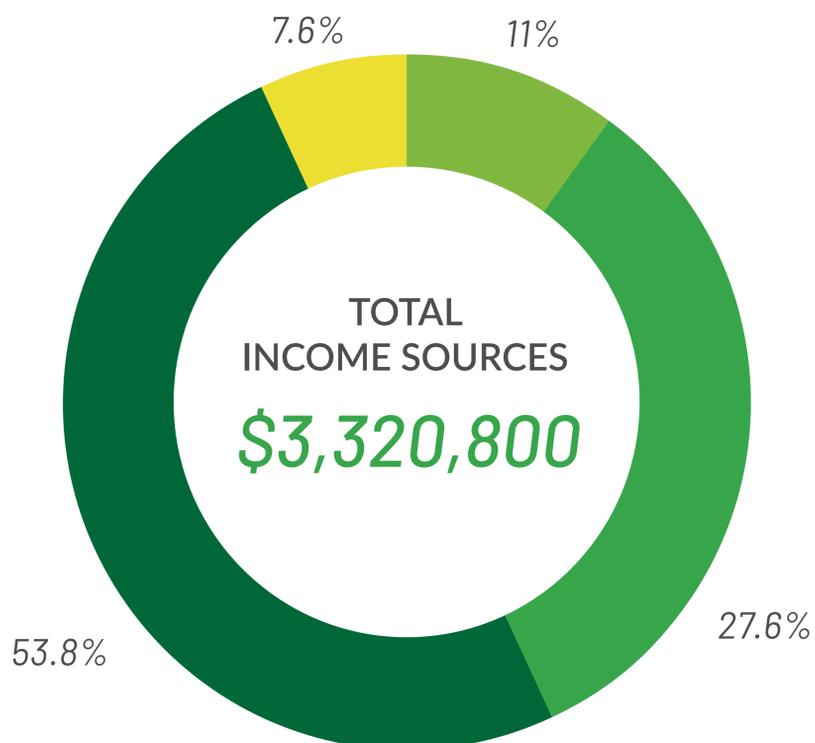
In December 2021, we discovered that the display panel of our combi oven was damaged and required a replacement to function properly.

In February 2022, we decided to increase our cold storage capacity to meet the increasing volume of food required by a growing number of clients. This also solved the problem of our ingredients logistics.

In March 2022, to ensure food hygiene and freshness we overhauled the existing glass door display chiller which was showing signs of damage.

REVIEW OF FINANCIAL STATUS

BCS receives 27.6% of its annual funding from government grants and relies more on its own program fees and donations received to meet the rest of its financial needs. In FY2021/2022, BCS received income totalling \$3,320,800.



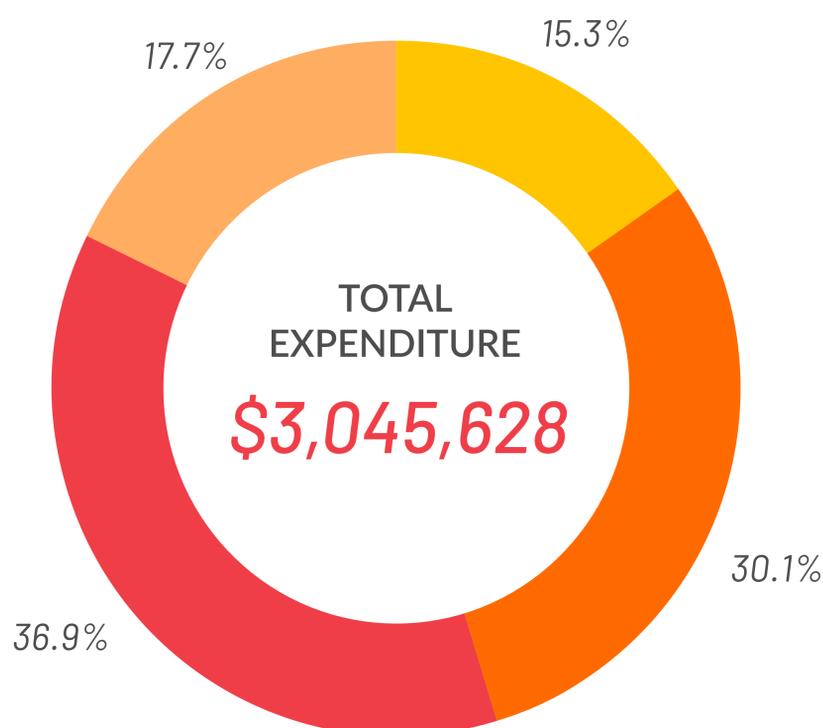
INCOME SOURCES

Program Fees	\$364,307
Government Funding	\$916,749
Donations	\$1,787,656
Other Income*	\$252,088
Total	\$3,320,800

**Other Income refers to funding from supplementary government subsidies to defray organisation employment cost (e.g. MOM-Special Employment Credit), assistance programs targeted at specific groups of individuals (e.g. Elderly COPE - SECDC Reimbursement) as well as other miscellaneous sources of income (e.g. interest earned from Fixed Deposit).*

DISTRIBUTION OF EXPENDITURE

Children	\$464,213
Family & Youths	\$917,019
Elderly	\$1,124,841
Admin	\$539,555
Total	\$3,045,628



BREAKDOWN OF CHARITY DOLLAR

For FY2021/2022, out of every \$1.00 spent, 82¢ went directly to fund programs and activities that benefit our clients.

Direct Charitable Expenses - Include program staff cost and cost of providing services and running programs for clients.

Indirect Charitable Expenses - comprising of: operations/administration cost, which includes printing, stationery, transport, telecommunications, IT expenses, professional fees and administrative staff cost.

BETHESDA CARE SERVICES
FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED
31 MARCH 2022

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BETHESDA CARE SERVICES
(Registered with Registry of Societies, Singapore)

STATEMENT BY THE MANAGEMENT COMMITTEE

On behalf of the Management Committee, we, Dr. Peng Chung Mien and Wong Chee Boon, being the Chairman and Honorary Treasurer of Bethesda Care Services (the "Society") respectively, do hereby state that in our opinion, the financial statements set out on pages 5 to 20 are properly drawn up in accordance with the Societies Act 1966, the Charities Act 1994 and other relevant regulations and Financial Reporting Standards in Singapore so as to present fairly, in all material respects, the financial position of the Society as at 31 March 2022 and the financial performance, changes in accumulated fund and cash flows of the Society for the financial year ended on that date.



Dr. Peng Chung Mien
Chairman

23 JUN 2022



Wong Chee Boon
Honorary Treasurer

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF BETHESDA CARE SERVICES

(Registered with Registry of Societies, Singapore)

Report on the Audit of the Financial Statements

Opinion

We have audited the accompanying financial statements of Bethesda Care Services (the "Society") as set out on pages 5 to 20, which comprise the balance sheet as at 31 March 2022, and the statement of comprehensive income, statement of changes in accumulated fund and statement of cash flows for the financial year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements are properly drawn up in accordance with the Societies Act 1966 (the "Societies Act"), the Charities Act 1994 and other relevant regulations (the "Charities Act and Regulations") and Financial Reporting Standards in Singapore ("FRSs") so as to present fairly, in all material respects, the financial position of the Society as at 31 March 2022 and the financial performance, changes in accumulated fund and cash flows of the Society for the financial year ended on that date.

Basis for Opinion

We conducted our audit in accordance with Singapore Standards on Auditing ("SSAs"). Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of the Society in accordance with the Accounting and Corporate Regulatory Authority ("ACRA") *Code of Professional Conduct and Ethics for Public Accountants and Accounting Entities* ("ACRA Code") together with the ethical requirements that are relevant to our audit of the financial statements in Singapore, and we have fulfilled our other ethical responsibilities in accordance with these requirements and the ACRA Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Other Information

The Management Committee is responsible for the other information. The other information comprises the Statement by the Management Committee as set out on page 1 and the information included in the Annual Report but does not include the financial statements and our auditor's report thereon.

Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

**INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF
BETHESDA CARE SERVICES (cont'd)**
(Registered with Registry of Societies, Singapore)

Report on the Audit of the Financial Statements (cont'd)

Responsibilities of the Management Committee and Those Charged with Governance for the Financial Statements

The Management Committee is responsible for the preparation and fair presentation of these financial statements in accordance with the Societies Act, Charities Act and Regulations and FRSs, and for such internal control as the Management Committee determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, Management Committee is responsible for assessing the Society's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless Management Committee either intends to liquidate the Society or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Society's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with SSAs will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with SSAs, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Society's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by Management Committee.

**INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF
BETHESDA CARE SERVICES (cont'd)**
(Registered with Registry of Societies, Singapore)

Report on the Audit of the Financial Statements (cont'd)

Auditor's Responsibilities for the Audit of the Financial Statements (cont'd)

- Conclude on the appropriateness of Management Committee's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Society's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Society to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Report on Other Legal and Regulatory Requirements

In our opinion, the accounting and other records required to be kept by the Society have been properly kept in accordance with the Societies Act and the Charities Act and Regulations.

During the course of our audit, nothing has come to our attention that causes us to believe that during the financial year:

- a) the use of the donation moneys was not in accordance with the objectives of the Society as required under regulation 11 of the Charities (Institutions of a Public Character) Regulations; and
- b) the Society has not complied with the requirements of regulation 15 (Fund-raising expenses) of the Charities (Institutions of a Public Character) Regulations.



Baker Tilly TFW LLP
Public Accountants and
Chartered Accountants
Singapore

23 June 2022

BETHESDA CARE SERVICES

(Registered with Registry of Societies, Singapore)

STATEMENT OF COMPREHENSIVE INCOME**For the financial year ended 31 March 2022**

		2022	(Restated) 2021
	Note	\$	\$
Income			
Donations	3	1,787,656	1,540,626
Program fees		410,510	352,628
Government funding		524,920	498,522
Government grants	4	391,829	1,173,493
Interest from fixed deposits		19,270	44,472
Other income		186,615	625,390
		<hr/>	<hr/>
		3,320,800	4,235,131
Less expenditure			
Depreciation of property, plant and equipment	6	94,902	80,534
Program expenses		630,439	543,891
Staff costs	5	2,250,033	2,194,354
Other expenses		70,254	35,475
		<hr/>	<hr/>
		3,045,628	2,854,254
Surplus and total comprehensive income for the financial year		<hr/>	<hr/>
		275,172	1,380,877

The accompanying notes form an integral part of these financial statements.

BETHESDA CARE SERVICES
(Registered with Registry of Societies, Singapore)

BALANCE SHEET
At 31 March 2022

	Note	2022 \$	(Restated) 2021 \$
Non-current asset			
Property, plant and equipment	6	190,344	132,838
Current assets			
Sundry receivables	7	317,996	613,084
Fixed deposits	8	3,800,000	3,700,000
Bank and cash balances		1,213,542	1,019,415
Total current assets		5,331,538	5,332,499
Total assets		5,521,882	5,465,337
Non-current liabilities			
Community Silver Trust Grant	9	55,606	125,353
Community Silver Trust deferred capital grant	10	1,115	3,174
Care And Share Matching deferred capital grant	12	45,101	112,546
Total non-current liabilities		101,822	241,073
Current liabilities			
Accrued operating expenses		58,675	58,927
Deposits - student care	13	25,152	23,702
Deferred grant	14	-	80,574
Total current liabilities		83,827	163,203
Total liabilities		185,649	404,276
Net assets		5,336,233	5,061,061
Accumulated fund		5,336,233	5,061,061

The accompanying notes form an integral part of these financial statements.

BETHESDA CARE SERVICES**STATEMENT OF CHANGES IN ACCUMULATED FUND
For the financial year ended 31 March 2022**

	\$
2022	
Balance at 31 March 2021, as previously stated	4,793,785
Prior year adjustment (Note 17)	267,276
	<hr/>
Balance at 31 March 2021, as restated	5,061,061
Surplus and total comprehensive income for the financial year	275,172
	<hr/>
Balance at 31 March 2022	<u>5,336,233</u>
2021	
Balance at 1 April 2020	3,680,184
Surplus and total comprehensive income for the financial year	1,380,877
	<hr/>
Balance at 31 March 2021, as restated	<u>5,061,061</u>

The accompanying notes form an integral part of these financial statements.

BETHESDA CARE SERVICES
(Registered with Registry of Societies, Singapore)

STATEMENT OF CASH FLOWS
For the financial year ended 31 March 2022

	2022 \$	(Restated) 2021 \$
Cash flows from operating activities		
Surplus for the financial year	275,172	1,380,877
Adjustments for:		
Amortisation of deferred capital grants	(57,049)	(75,530)
Depreciation of property, plant and equipment	94,902	80,534
Interest income	(19,270)	(44,472)
Gain on disposal of property, plant and equipment	5,000	-
Operating cash flows before movements in working capital	298,755	1,341,409
Receivables	295,088	(388,415)
Payables	(149,123)	(218,613)
Cash generated from operations	444,720	734,381
Interest received	19,270	44,472
Net cash generated from operating activities	463,990	778,853
Cash flows from investing activities		
Purchases of property, plant and equipment	(164,863)	(38,032)
Proceed from disposal of property, plant and equipment	(5,000)	-
Net cash used in investing activities	(169,863)	(38,032)
Net increase in cash and cash equivalents	294,127	740,821
Cash and cash equivalents at beginning of financial year	4,719,415	3,978,594
Cash and cash equivalents at end of financial year	5,013,542	4,719,415
Cash and cash equivalents comprise:		
Fixed deposits	3,800,000	3,700,000
Bank and cash balances	1,213,542	1,019,415
	5,013,542	4,719,415

The accompanying notes form an integral part of these financial statements.

BETHESDA CARE SERVICES
(Registered with Registry of Societies, Singapore)

NOTES TO THE FINANCIAL STATEMENTS
For the financial year ended 31 March 2022

These notes form an integral part of and should be read in conjunction with the accompanying financial statements.

1 General information

The Society is registered under the Societies Act 1966 and is domiciled in Singapore.

The principal activities of the Society are to initiate, assist and organise activities and schemes of social service for the alleviation of poverty, suffering, ignorance or ill-health through the allowance of assistance, education, training services or counselling.

The Society is a registered Charity under Charities Act 1994 since 1997. The Society is an Institute of Public Character ("IPC") since 1 October 2008.

The Society's registered address and principal place of activities is at 300 Bedok North Avenue 3, Singapore 469717.

2 Significant accounting policies

a) Basis of accounting

The financial statements, expressed in Singapore dollar ("S\$"), which is the Society's functional currency, have been prepared in accordance with the Societies Act 1966, the Charities Act 1994 and other relevant regulations and Financial Reporting Standards in Singapore ("FRSs"). The financial statements have been prepared under the historical cost convention except as disclosed in the accounting policies below.

The preparation of financial statements in conformity with FRSs requires the use of estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the financial year. Although these estimates are based on management's best knowledge of current events and actions, historical experiences and various other factors that are believed to be reasonable under the circumstances, actual results may ultimately differ from those estimates.

Use of estimates and judgements

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods. There were no significant judgments and estimates made during the financial year.

The carrying amounts of cash and cash equivalents, current receivables and payables approximate their respective fair values due to the relatively short-term maturity of these financial instruments.

2 Significant accounting policies (cont'd)

a) Basis of accounting (cont'd)

New and revised standards

In the current financial year, the Society has adopted all the new and revised FRSs and Interpretations of FRSs ("INT FRSs") that are relevant to its operations and effective for the financial year. The adoption of these new and revised FRSs and INT FRSs has no material effect on the financial statements.

New standards, amendments to standards and interpretations that have been issued at the reporting date but are not yet effective for the financial year ended 31 March 2022 have not been applied in preparing these financial statements. None of these are expected to have a significant effect on the financial statements of the Society.

b) Property, plant and equipment

Property, plant and equipment are stated at cost less accumulated depreciation and any impairment in value. Depreciation is calculated on a straight-line basis to write off the assets over their estimated useful lives.

The estimated useful lives of property, plant and equipment are as follows:

	No. of years
Furniture and fittings	5
Computers	5
Motor vehicles	5
Renovation	5

The residual values, estimated useful lives and depreciation method of property, plant and equipment are reviewed, and adjusted as appropriate, at each balance sheet date. The effects of any revision are recognised in income and expenditure when the changes arise.

On disposal of a property, plant and equipment, the difference between the net disposal proceeds and its carrying amount is taken to income and expenditure.

Fully depreciated property, plant and equipment are retained in the financial statements until they are no longer in use.

c) Financial assets

Recognition and derecognition

Regular purchases and sales of financial assets are recognised on trade date - the date on which the Society commits to purchase or sell the asset. Financial assets are derecognised when the rights to receive cash flows from the financial assets have expired or have been transferred and the Society has transferred substantially all risks and rewards of ownership.

Financial assets are initially measured at fair value. Transaction costs that are directly attributable to the acquisition of financial assets (other than financial assets at fair value through income and expenditure) are added to the fair value of the financial assets on initial recognition. Transaction costs directly attributable to acquisition of financial assets at fair value through income and expenditure are recognised immediately in income and expenditure.

2 Significant accounting policies (cont'd)

c) Financial assets (cont'd)

Classification and measurement

All financial assets are subsequently measured in their entirety at either amortised cost or fair value, depending on the classification of the financial assets.

The Society classifies its financial assets at amortised cost. The classification is based on the Society's business model for managing the financial asset and the contractual cash flow characteristics of the financial assets.

The Society reclassifies debt instruments when and only when its business model for managing those assets changes.

Subsequent measurement

Debt instruments include fixed deposits, bank and cash balances and sundry receivables (excluding prepayments and grant receivable). These are subsequently measured at amortised cost based on the Society's business model for managing the asset and cash flow characteristics of the asset.

The Society measures financial assets at amortised cost if both of the following conditions are met:

- The financial asset is held within a business model with the objective to hold financial assets in order to collect contractual cash flows; and
- The contractual terms of the financial asset give rise on specific dates to cash flows that are solely payments of principal and interest on the principal amount outstanding.

Financial assets at amortised cost are subsequently measured using the effective interest rate ("EIR") method and are subject to impairment. Gains and losses are recognised in income and expenditure when the asset is derecognised, modified or impaired. Interest income from these financial assets is included in interest income using the EIR method.

Impairment

The Society recognises an allowance for expected credit losses ("ECLs") for financial assets carried at amortised cost. ECLs are based on the difference between the contractual cash flows due in accordance with the contract and all the cash flows that the Society expects to receive, discounted at an approximation of the original effective interest rate.

The impairment methodology applied depends on whether there has been a significant increase in credit risk. For credit exposures for which there has not been a significant increase in credit risk since initial recognition, ECLs are provided for credit losses that result from default events that are possible within the next 12-months (a "12-month ECL"). For those credit exposures for which there has been a significant increase in credit risk since initial recognition, a loss allowance is required for credit losses expected over the remaining life of the exposure, irrespective of the timing of the default (a "lifetime ECL").

If the Society has measured the loss allowance for a financial asset at an amount equal to lifetime ECL in the previous reporting period, but determines at the current reporting date that the conditions for lifetime ECL are no longer met, the Society measures the loss allowance at an amount equal to 12-month ECL at the current reporting date.

The Society recognises an impairment gain or loss in income and expenditure for all financial assets with a corresponding adjustment to their carrying amount through a loss allowance account.

2 Significant accounting policies (cont'd)

d) Financial liabilities

Financial liabilities include accrued operating expenses and deposits received from student care which are initially measured at fair value, and are subsequently measured at amortised cost, using the effective interest method.

A financial liability is derecognised when the obligation under the liability is extinguished. Gains and losses are recognised in income and expenditure when the liabilities are derecognised as well as through the amortisation process.

e) Provisions

Provisions are recognised when the Society has a present obligation as a result of a past event, and it is probable that the Society will be required to settle that obligation. Provisions are measured at the directors' best estimate of the expenditure required to settle the obligation at the balance sheet date, and are discounted to the present value where the effect is material.

f) Funds

Unless specifically indicated, fund balances are not represented by any specific accounts, but are represented by all assets of the Society.

g) Income recognition

Donations income

Donations are recognised on a cash basis and are recognised as income as and when received.

Program fees

Program fees includes revenue from rendering of services including childcare services, providing food and services to elderly in need and two-way transportation for elders to their medical appointment.

Revenue from services rendered is recognised as a performance obligation satisfied over time. Program fees revenue is recognised over the duration of the programmes and in the period in which the service is provided, having regard to the stage of completion of the service. Unearned income relating to the service to be rendered in future periods are included in deferred income.

Interest income

Interest from fixed deposits is recognised on time-proportion basis, by reference to the principal outstanding and at the interest rate applicable.

h) Impairment of non-financial assets

Non-financial assets are reviewed for impairment at each balance sheet date or whenever events or changes in circumstances indicate that the carrying amount of an asset may not be recoverable. Whenever the carrying amount of an asset exceeds its recoverable amount, an impairment loss is recognised in the income and expenditure.

Reversal of impairment losses recognised in prior years is recorded when there is an indication that the impairment losses recognised for the asset no longer exist or have decreased. The reversal is recorded in income. However, the increased carrying amount of an asset due to a reversal of an impairment loss is recognised to the extent it does not exceed the carrying amount that would have been determined (net of amortisation or depreciation) had no impairment loss been recognised for that asset in prior years.

2 Significant accounting policies (cont'd)**i) Employee benefits***Defined contribution plans*

Defined contribution plans are post-employment benefit plans under which the Company pays fixed contributions into separate entities such as the Central Provident Fund, and will have no legal or constructive obligation to pay further contributions once the contributions have been paid. Contributions to defined contribution plans are recognised as an expense in the period in which the related service is performed.

Employee leave entitlements

Employee entitlements to annual leave are recognised when they accrue to employees. A provision is made for the estimated liability for annual leave as a result of services rendered by employees up to the balance sheet date.

j) Taxation

The Society is exempted from income tax under the provisions of the Income Tax Act.

k) Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and with banks and fixed deposits. Cash equivalents are short-term that are readily convertible to known amounts of cash and that are subject to insignificant risk of changes in value.

l) Government grants

Government grants are recognised at their fair value where there is reasonable assurance that the grant will be received and all attaching conditions will be complied with. Where the grant relates to an asset, the fair value is recognised as deferred capital grant on the balance sheet and is amortised to income and expenditure over the expected useful life of the relevant asset by equal annual instalments.

When the grant relates to an expense item, it is recognised in income and expenditure over the period necessary to match them on a systematic basis to the costs that it is intended to compensate.

3 Donations

	2022 S	2021 S
Tax-deductible donations	1,746,453	1,338,885
Non-tax deductible donations	41,203	201,741
	<u>1,787,656</u>	<u>1,540,626</u>

Bethesda Care Services

4 Governments grants

	2022	(Restated) 2021
	\$	\$
Care and Share Grant	67,445	352,553
Community Silver Trust Grant	71,806	96,596
The Invictus Fund	-	50,000
Bicentennial Community Fund	-	400,000
Innovation & Productivity Grant	-	7,068
Enhanced Fund Raising Grant	252,578	267,276
	<u>391,829</u>	<u>1,173,493</u>

5 Staff costs

	2022	2021
	\$	\$
<i>Program</i>		
Salaries and bonus	1,521,855	1,506,040
CPF	230,037	228,483
Others	31,238	35,503
	<u>1,783,130</u>	<u>1,770,026</u>
<i>Administrative</i>		
Salaries and bonus	398,904	362,321
CPF	58,021	53,791
Others	9,978	8,216
	<u>466,903</u>	<u>424,328</u>
	<u>2,250,333</u>	<u>2,194,354</u>

Included above is an amount of \$379,878 (2021: \$325,288) paid to key management personnel.

6 Property, plant and equipment

	Furniture and fittings \$	Computers \$	Motor vehicles \$	Renovation \$	Total \$
2022					
Cost					
At 1 April 2021	277,412	169,647	125,140	93,436	665,635
Additions	32,847	3,377	128,639	-	164,863
Disposal	-	-	(60,888)	-	(60,888)
Adjustment	-	(15,569)	-	-	(15,569)
At 31 March 2022	310,259	157,455	192,891	93,436	754,041
Accumulated depreciation					
At 1 April 2021	246,655	96,828	125,140	64,174	532,797
Depreciation charge	27,681	26,637	25,728	14,856	94,902
Disposal	-	-	(60,888)	-	(60,888)
Adjustment	-	(3,114)	-	-	(3,114)
At 31 March 2022	274,336	120,351	89,980	79,030	563,697
Net carrying amount					
At 31 March 2022	35,923	37,104	102,911	14,406	190,344
2021					
Cost					
At 1 April 2020	276,877	153,268	125,140	93,436	648,721
Additions	5,083	32,949	-	-	38,032
Written off	(4,548)	(16,570)	-	-	(21,118)
At 31 March 2021	277,412	169,647	124,140	93,436	665,635
Accumulated depreciation					
At 1 April 2020	216,784	82,139	125,140	49,318	473,381
Depreciation charge	34,419	31,259	-	14,856	80,534
Written off	(4,548)	(16,570)	-	-	(21,118)
At 31 March 2021	246,655	96,828	125,140	64,174	532,797
Net carrying amount					
At 31 March 2021	30,757	72,819	-	29,262	132,838

7 Sundry receivables

	2022	(Restated) 2021
	\$	\$
Other receivables	296,530	292,115
Prepayments	21,466	14,434
Enhanced fund raising grant receivable	–	267,276
Job support scheme grant receivable	–	39,259
	317,996	613,084

8 Fixed deposits

Fixed deposits are placed with the banks and mature within 3 to 10 months (2021: 3 to 12 months) after balance sheet date.

9 Community Silver Trust Grant

Details of Community Silver Trust Grant are as follows:

	2022	2021
	\$	\$
Balance at beginning of the financial year	125,353	235,505
Refund of unutilised grant	–	(15,943)
Expenditure	(69,747)	(94,209)
Balance at end of the financial year	55,606	125,353

The following shows the amount of donations received during the financial year for eligible programme under Community Silver Trust Funding.

	2022	2021
	\$	\$
<i>Elderly Services Centre</i>		
Tax deductible donations	95,804	103,895
Non-tax deductible donations	4,650	147,270
	100,454	251,165

The Community Silver Trust is a donation matching grant from the Government aimed at enhancing and expanding the Intermediate and Long-Term Care ("ILTC") services in Singapore.

The Government will provide a matching grant of one dollar for every donation dollar raised by eligible organisations for ILTC services (i.e. 1:1 matching grant).

The Society refunded unutilised grant amounting to \$Nil (2021: \$15,943) which has expired on 31 March 2020 to the government.

10 Community Silver Trust deferred capital grant

	2022	2021
	\$	\$
<i>Grant - related to assets</i>		
Balance at beginning of the financial year	3,174	5,561
Grant amortised during the financial year	(2,059)	(2,387)
	<hr/>	<hr/>
Balance at end of the financial year	1,115	3,174

The grant was given to fund the purchase of property, plant and equipment for the Elderly Services Centre of the Society. The grant will be amortised over the useful lives of the property, plant and equipment.

11 Care And Share Matching Grant

Details of Care And Share Matching Grant are as follows:

	2022	2021
	\$	\$
Balance at beginning of the financial year	-	39,269
Care And Share Matching Grant receipts	-	260,217
Transfer to Care And Share Matching deferred capital grant (Note 12)	-	(20,077)
Expenditure	-	(279,409)
	<hr/>	<hr/>
Balance at end of the financial year	-	-

The Care And Share Matching Grant is a donation matching grant from the Government aimed at enhancing and expanding the social services sector in Singapore.

The Government will provide a matching grant of 1.25 dollar for every donation dollar for the first million raised and 1 dollar for second million raised, and 0.65 dollar for third million raised by eligible organisation. The Care and Share grant utilisation's deadline was extended to 31 March 2022. Grant has been fully utilised as of 2021.

12 Care And Share Matching deferred capital grant

	2022	2021
	\$	\$
<i>Grant - related to assets</i>		
Balance at beginning of the financial year	112,546	165,612
Transfer from Care And Share Matching Grant (Note 11)	-	20,077
Grant amortised during the financial year	(54,990)	(73,143)
Adjustment	(12,455)	-
	<hr/>	<hr/>
Balance at end of the financial year	45,101	112,546

The grant was given to fund the purchase of property, plant and equipment for social service sector of the Society. The grant will be amortised over the useful lives of the property, plant and equipment.

13 Deposits - student care

Deposits are paid by each student who attends the student care and are refundable when a student withdraws from the student care.

14 Deferred grant

Deferred grant income pertains to Jobs Support Scheme ("JSS"). Under the JSS, the Singapore Government will co-fund gross monthly wages paid to each local employee through cash subsidies with the objective of helping employers retain local employees during the period of economic uncertainty. In determining the recognition of the JSS grant income, management has evaluated and concluded that the period of economic uncertainty commenced in April 2020 when the COVID-19 pandemic started affecting the Society's operations. JSS grant income of \$80,424 (2021: \$501,859) was recognised and presented as part of other income in the Statement of Comprehensive Income during the financial year.

15 Financial instruments

a) Categories of financial instruments

Financial instruments at their carrying amounts as at balance sheet date are as follows:

	2022 \$	2021 \$
<i>Financial assets</i>		
Financial assets at amortised cost	5,310,072	4,751,313
<i>Financial liabilities</i>		
Financial liabilities at amortised cost	83,827	82,629

b) Financial risk management

The Society's activities expose it to minimal financial risks and overall risk management is determined and carried out by the Management Committee.

Foreign exchange risk

The Society transacts mainly in its functional currency and as such its exposure to foreign exchange risk is minimal.

Credit risk

Credit risk is the risk of loss that may arise on outstanding financial instruments should a counterparty default on its obligations. The Society's exposure to credit risk arises primarily from cash and cash equivalents and other receivables. For financial assets, including cash and cash equivalents, the Society minimises credit risk by dealing exclusively with high credit rating counterparties.

The Society does not have any significant concentration of credit risk exposure. The maximum exposure to credit risk is represented by the carrying value of each class of financial assets recognised on the balance sheet. Credit risk exposure in relation to financial assets at amortised costs as at 31 March 2022 and at 31 March 2021 is insignificant, and accordingly no credit loss allowance is recognised as at 31 March 2022 and at 31 March 2021. There are no financial assets that are past due and/or impaired.

Interest rate risk

Interest rate risk is the risk that the fair value of future cash flows of the Society's financial instruments will fluctuate because of changes in market interest rates.

The Society is not exposed to significant interest rate risk.

15 Financial instruments (cont'd)**b) Financial risk management (cont'd)***Liquidity and cash flow risk*

The Management Committee exercises prudent liquidity and cash flow risk management policies and aims at maintaining an adequate level of liquidity and cash flow at all times.

The Society's financial liabilities at the balance sheet are all due within 1 year after balance sheet date and approximate contractual undiscounted payments.

c) Fair values of financial instruments

The carrying amounts of the financial assets and liabilities recorded in the financial statements of the Society approximate their fair values due to their relatively short-term maturity.

16 Fund management

The Society's objectives when managing its funds are to safeguard and to maintain adequate working capital to continue as going concern and to develop its principal activities over the longer term through significant support in the form of donations, government grants and funding, and program fees. The fund of the Society consists of accumulated fund. No changes were made in the objectives, policies or processes during the financial years ended 31 March 2022 and 31 March 2021.

17 Prior year adjustment

A prior year adjustment has been made to the comparative figures for an understatement of grant income amounting to \$267,276 for the financial year ended 31 March 2021.

As a result, certain line items have been restated on the statement of comprehensive income, balance sheet and statement of cash flows for the previous financial year ended 31 March 2021. The items were adjusted as follows:

	As previously reported 2021 \$	Amount adjusted 2021 \$	As restated 2021 \$
Statement of Comprehensive Income			
Government grants	906,217	267,276	1,173,493
<hr/>			
Balance Sheet			
Sundry receivables	345,808	267,276	613,084
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Statement of Cash Flows			
<i>Cash flows from operating activities</i>			
Surplus for the financial year	1,113,601	267,276	1,380,877
Operating cash flows before movements in working capital			
- Receivables	(121,139)	267,276	(388,415)
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The prior year adjustment did not have any effect on the balance sheet as at 1 April 2021, therefore no third balance sheet is presented.

18 Authorisation of financial statements

The financial statements of the Society for the financial year ended 31 March 2022 were authorised for issue in accordance with a resolution of the Management Committee dated 23 June 2022.